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APPENDIX A

SECTION A-1M-GEOMETRIC DESIGN STANDARDS

INTRODUCTION

VDOT (L&D) has formally adopted the AASHTO A Policy on Geometric Design of Highways and Streets, commonly referred to as the AASHTO "Green Book", as our minimum design standards. Therefore, all design criteria must meet AASHTO minimum standards.

Highway improvement plans are based on established AASHTO geometric design standards for various elements of the roadway under design. The tables on the following pages provide the **minimum** geometric standards which are to be used for development of VDOT projects except those projects which can be developed using the Guidelines for RRR Projects located in Appendix A, Section A-4 of this manual. Note that there are no specific RRR standards for Interstate projects. If the designer has determined that Guidelines for RRR Projects do not apply to the project in question, the Geometric Design Standard Figures A-1-1M through A-1-10M should be used for project development.

The Geometric Standard tables were developed using the <u>A Policy on Geometric Design of</u> <u>Highways and Streets</u> published by the American Association of State Highway and Transportation Officials (AASHTO). These tables present basic practical guidelines compatible with traffic, topography and safety; however, due to the restrictive format, all variables could not be included. The designer is urged to refer to the above named publication and other related chapters in the <u>Road Design Manual</u> for further discussion of design considerations before selecting the proper design speed criteria for a given project.

THE APPLICATION OF THE CRITERIA PROVIDED IN THE GEOMETRIC DESIGN STANDARD TABLES MUST BE MADE IN RELATION TO THEIR EFFECT ON THE ROADWAY SYSTEM AND IN CONJUNCTION WITH SOUND ENGINEERING JUDGMENT TO ENSURE AN APPROPRIATE DESIGN. The economic, environmental and social factors involved in highway design shall also be considered. The designer should always attempt to provide for the highest degree of safety and best level of service that is <u>economically feasible</u>. The "minimum" design criteria shown in the tables should only be used when overriding economic or environmental considerations so dictate.

FLEXIBILITY IN DESIGN

The policies and procedures addressed in IIM-LD-235 (Context Sensitive Solutions) are intended to clarify and emphasize VDOT's commitment to project and program development processes that provide flexibility, innovative design and Context Sensitive Solutions (CSS) to transportation challenges.*

^{*} Rev. 7/09

These processes have been structured and oriented to include stakeholders and citizens in the design of transportation systems that improve public mobility, while reflecting the community's values, preserving the scenic, aesthetic, historic and environmental resources, and without compromising safety and mobility.^{*}

This policy emphasizes the importance of recognizing the flexibility within established standards, especially AASHTO's <u>Policy on Geometric Design of Highways and Streets</u> (Green Book), AASHTO's <u>A Guide for Achieving Flexibility in Highway Design and AASHTO's Guidelines for Geometric Design of Low-Volume Local Roads (ADT \leq 400). While practicable and innovative approaches to using the flexibility inherent in existing standards is encouraged by this policy, individual project development decisions on specific applications of flexibility ultimately rest with the responsible person working with the project manager and the project team. These decisions are made after carefully processing input from all project stakeholders as well as the project team, and evaluating this input with respect to project goals as well as safety and mobility concerns.</u>

ROADWAY WIDTH

Roadway width as referenced in this section is the portion of the highway, including graded shoulders, for vehicular use.

DESIGN SPEED

Design speed is defined as a speed determined for design and correlation of the physical features of a highway that influence vehicle operation - the maximum safe speed maintainable over a specified section of highway when conditions permit design features to govern.

The geometric Figures indicate a design speed range for each functional classification. The selection of the proper design speed to be used on a particular project is of primary importance in project development. The design speed selected should:

- be logical with respect to topography, anticipated operating speed, adjacent land use, and functional classification of the highway.
- be as high as practicable to attain a desired degree of safety, mobility and efficiency while under the constraints of environmental quality, economics, aesthetics and social or political impacts
- be consistent with the speed a driver is likely to expect. Drivers do not adjust their speeds to the importance of the highway, but to their perception of the physical limitations and traffic thereon.

^{*} Rev. 7/09

Although the design speeds for rural highways are coupled with a terrain classification, terrain is only one of the several factors involved in determining the appropriate design speed of a highway.

Although the selected design speed establishes the minimum radius of curvature and minimum sight distance necessary for safe operation, there should be no restriction on the use of flatter horizontal curves or greater sight distances where such improvements can be provided as a part of economic design. However, if a succession of flatter curves or tangent sections would encourage drivers to operate at higher speeds, that section of highway should be designed for a higher speed and all geometric features, particularly that of sight distance on crest vertical curves and intersection sight distance should be related to it.

Table A-1-1M indicates the various speed ranges applicable to each functional classification.

DESIGN WAIVERS*

This Design Waiver Policy is for roadway projects only.

Design Waivers are required when deviations from VDOT's design criteria occur. When design criteria meet or exceed AASHTO minimal design but fall short of VDOT's minimal design, a Design Waiver will be required. Design Waivers will be applicable to all projects regardless of functional classification and funding and shall be documented and approved in accordance with the Design Waiver Request Form LD-448. Please refer to IIM-LD-227 for specific guideline on obtaining design waiver.

DESIGN EXCEPTIONS

Where it is impractical or not economical to obtain the AASHTO minimum design criteria as shown in the Geometric Standard tables, an exception shall be secured from the State Location and Design Engineer and FHWA (if applicable). For additional instructions on Design Exceptions, see Instructional and Informational Memorandum IIM-LD-227.

^{*} Rev. 7/07

FUNCTIONAL CLASSIFICATION*

The highway system in Virginia has been functionally classified as Principal Arterial, Minor Arterial, Collector and Local Service. The American Association of State Highway and Transportation Officials (AASHTO) utilizes, as presented in the publication: <u>A Policy on Geometric Design of Highways and Streets</u>, referred to as <u>The AASHTO Book</u>, a similar functional classification system. The designations used are: Freeway, Arterial, Collector, and Local Roads and Streets. Relationships between these two classification systems have been generally developed.

Principal and Minor Arterial Highways provide direct service between cities and larger towns and are high speed, high volume facilities. Collector highways serve small towns directly, connecting them and local roads to the arterial system.

BACKGROUND

- All roadways are classified as to how the facility functions in accordance with Federal guidelines.
- The Geometric Design Standards in Appendix A of VDOT's <u>Road Design Manual</u> are divided by Functional Classification (FC).
- The terms "Urban" and "Rural" used in the FC do not necessarily coincide with the terms as applied to highway systems in Virginia.
 - Urban Urbanized areas within set boundaries having a population of 5,000 or more. This may include areas outside of incorporated cities and towns.
 - Rural Areas not designated as Urban. Includes incorporated cities and towns with populations less than 5,000.

VIRGINIA HIGHWAY SYSTEMS

Urban - Roadways within the boundaries of incorporated towns and cities with a population of 3,500 or more plus eight other designated urbanized areas (Bridgewater, Chase City, Elkton, Grottoes, Narrows, Pearisburg, Saltville and Woodstock). The urban program is administered by the Local Assistance Division.

^{*} Rev. 7/09

Primary - Primary Roadways

- Secondary All secondary roadways except those in Arlington and Henrico Counties. Projects are administered by the Local Assistance Division.
- A project classified as Urban in FC may be part of the Interstate, Arterial, Primary, or Secondary System and will be administered as such. This applies also to projects classified as Rural.
- The Functional Classification block on the title sheet is to show the Geometric Design Standard used.

If more than one standard is used in the design, it will be necessary to set up two Functional Classification blocks since in most cases there would be a change in traffic volumes and scope of work.

EXAMPLE*

- When the Functional Classification for a project would normally warrant either Geometric Design Standard GS-1, GS-2, GS-3, or GS-4 and Geometric Design Standard GS-5, GS-6, GS-7 or GS-8, respectively, is used then it will be necessary to show the standard used in the design on the title sheet under the Functional Classification.
- If the normal Geometric standard would be GS-3 and Geometric Standard GS-7 is used, the title sheet is to show:

RURAL COLLECTOR-ROLLING-DIVIDED (Urban St'd. GS-7 was used)

^{*} Rev. 7/09

DESIGN SPEEDS FOR VARIOUS FUNCTIONAL CLASSIFICATIONS											
L = Minimum for Level Terrain R = Minimum for Rolling Terrain M = Minimum for Mountainous Te ("Mountainous" - Defined b of the Highway Capacit CBD = Min. for Central Business S = Minimum for Suburban Area							AASHTO				
D = Minimum for Developing Area		MI	NIMUN	/ DESI	GN SP	'EED (kr	n/h)	2004			
ROADWAY CLASSIFICATION	-1	30	50	60	80	100	110	Green Book			
	FREEWAYS				X M	X R	X L	Chapter 8			
RURAL ARTERIAL	OTHER THAN FREEWAYS			X M	X R	X L		Chapter 7			
	FREEWAYS				X S	X D	X	Chapter 8			
URBAN ARTERIAL	OTHER THAN FREEWAYS		X CB D	X S	X D	X		Chapter 7			
RURAL	(1) ADT OVER 2000			X M	X R	X L					
COLLECTOR ROAD	(1) ADT 400 TO 2000		X M	X R	X L			Chapter 6			
	(1) ADT UNDER 400	X M	X R	X L							
RURAL LOCAL	(1) ADT OVER 400		X M	X R	X L			Chapter 5			
ROAD	CURRENT ADT 400 OR UNDER	X M	X R	X L							
URBAN COLLECTOR		X D	х				Chapter 6				
URBAN LOCAL ST	REET	X D	х					Chapter 5			

for further instructions, see the AASHTO "Green Book".

TABLE A - 1-1M

⁽¹⁾ Use Design Year ADT for new construction and reconstruction projects (not applicable to R.R.R. projects or roads with ADT < 400). In accordance with Road Design Manual, Chapter 2A, "REQUEST FOR TRAFFIC DATA" and Form LD-104.*

GEOMETRIC DESIGN STANDARDS FOR RURAL PRINCIPAL ARTERIAL SYSTEM (GS-1M)

	TERRAIN	DESIGN SPEED (km/h)	MINIMUM RADIUS (METERS)	(6) STOPPING SIGHT DISTANCE (METERS)	MIN. WIDTH OF LANE	(1) MINIMUM WIDTH OF TOTAL SHOULDERS (Graded + Pave		d) WIDTH		(3) MINIMUM WIDTH OF DITCH FRONT SLOPE	(4) SLOPE	(5) NEW AND RECONSTRUCTED MINIMUM BRIDGE WIDTHS AND VERTICAL CLEARANCES						
				MIN.		FILL	CUT	RT.	LT.									
	LEVEL	110	502	220	3.6 m	3.6 m											00.45	2 THRU LANES SAME DIRECTION =
FREEWAYS	ROLLING	100	394	185			5.2 m	4.3 m	3.6 m	1.2 m	3.6 m	CS-4B	1.5m + PAVE. WIDTH + 4.3m 3 OR MORE THRU LANES					
	MOUNTAINOUS	80	230	130											CS-4E	SAME DIRECTION = 4.3m + PAVE. WIDTH + 4.3m		
	LEVEL	110	502	220							CS-4 OR							
OTUED	LEVEL	100	394	185						3.0 m	4B	UNDIVIDED & DIVIDED 3 OR MORE THRU LANES						
OTHER PRINCIPAL	ROLLING	100	394	185	2.6 m	3.9 m	3.0 m	2.4 m	1.0 m		CS-4 OR	SAME DIRECTION = 3.0m + PAVE. WIDTH +3.0m						
ARTERIALS	ROLLING	80	230	130	3.6 m	3.9 11	3.0 m	2.4 11	ı 1.2 m ·		4E							
ANTERIALS	MOUNTAINOUS	80	230	130						1.8 m	CD-3 OR 3B	2 THRU LANES (DIVIDED)						
	WOON AINOUS	60	124	85								SAME DIRECTION 1.5m + PAVE. WIDTH + 3.0m						

GENERAL NOTES

<u>Freeways</u> - A design speed of 110 km/h should be used for Rural Freeways. Where terrain is mountainous a design speed of 100 km/h or 80 km/h, which is consistent with driver expectancy, may be used. All new and major reconstructed Interstate facilities will have a 110 km/h design speed unless a lower design speed is approved by the Location and Design Engineer and FHWA.

<u>Other Principle Arterials</u> - A design speed of 60 to 110 km/h should be used depending on terrain, driver expectancy and whether the design is constructed on new location or reconstruction of an existing facility. An important safety consideration in the selection of one of the lower design speeds in each range is to have a properly posted speed limit which is enforced during off peak hours.

Incorporated towns or other built-up areas, Urban Standard GS-5(M) may be used for design. "Built-up" is where there is sufficient development along the roadway that justifies a need to channelize traffic into and out of properties utilizing curb and gutter.

Standard TC-5.01R(M) (2001 AASHTO Green Book) superelevation based on 8% maximum is to be used for all Rural Principle Arterials.

Clear Zone and Recoverable Area information can be found in Appendix A(M), Section A-2(M) of the <u>Road Design</u> <u>Manual</u>.

If medians are included, see Section 2E of the Road Design Manual

For additional information on roadway widths and maximum grades relative to terrain and design speed, see AASHTO Green Book, Chapter 7, Exhibit 7-2 and 7-3. For Freeways, see Chapter 8, Exhibit 8-1.

FOOTNOTES

- (1) Shoulder widths shown are for right shoulders and independently graded median shoulders with no additional width necessary for guardrail situation. On non-Interstate a 2.4 m graded median shoulder will be provided when the mainline is 4 lanes (both directions). For 6 or more lanes, the median shoulder provided will be the same as that shown for independent grading. On Freeways, if truck traffic is less than 250 DDHV, the minimum width of total shoulder should be 4.6 m for fills and 3.6 m for cuts.
- (2) When the mainline is 6 or more lanes, the left paved shoulder width should be the same as the right paved shoulder. On Freeways, if truck traffic is less than 250 DDHV, the minimum right paved shoulder width should be 3.0 m.
- (3) Ditch slopes to be 6:1 3.0 m and 3.6 m widths and 4:1 1.8 m width. A hydraulic analysis is necessary to determine actual depth requirement.
- (4) Additional or modified slope criteria to apply where shown on typical sections.
- (5) Vertical clearance at roadway underpasses for new and reconstructed bridges is to be 5.05 m (0.3 m additional clearance required for non-vehicular overpasses). 4.2m shoulder on bridges may be reduced to 3.6m minimum when truck traffic is less than 250 DDHV.
- (6) For additional information on sight distance requirements on grades of 3 percent or greater, see Exhibit 3-2 of the 2004 AASHTO Green Book.

FIGURE A - 1 - 1M*

^{*} Rev. 7/10

GEOMETRIC DESIGN STANDARDS FOR RURAL MINOR ARTERIAL SYSTEM GS-2M)

TRAFFIC VOLUME	TERRAIN	DESIGN SPEED (km/h)	MINIMUM RADIUS (METERS)	(8) STOPPING SIGHT DISTANCE (METERS)	(2) MIN. WIDTH OF LANE	MIN. V OF T SHOU (GRAI PAV	(3) MIN. WIDTH OF TOTAL SHOULDERS (GRADED & PAVED)		4) /ED JLDER DTH	DER WIDTH H OF DITCH FRONT		(7) NEW AND RECONSTRUCTED MINIMUM BRIDGE WIDTHS AND VERTICAL	
				MIN.	5	FILL W/GR	CUT & FILL	RT.	LT.	SLOPE		CLEARANCES	
	LEVEL	110	502	220							CS-4,		
(1)		100	394	185						3.0 m	CS-4A	3.0 m PLUS	
ADT	ROLLING	100	394	185	3.6 m	3.9 m	3.0 m	2.4 m	1.2 m		OR CS- 4C	PAVEMENT WIDTH	
OVER		80	230	130							40	PLUS 3.0 m	
2000	MOUNTAINOUS	80 60	230 124	130 85						1.8 m	CS-3 OR CS-3B		
		110	502	220									
	LEVEL	100	394	185	3.6 m		.3 m 2.4 m	1.8 m		1.8 m	CS-4, CS-4A OR CS- 4C	2.4 m PLUS	
(1)		100	394	185									
ADT 1500	ROLLING	80	230	130		3.3 m			1.2 m				
TO 2000		80	230	130	3.3 m						CS-3 OR		
	MOUNTAINOUS	60	124	85							CS-3B		
		110	502	220								CS-4,	PAVEMENT WIDTH
	LEVEL	100	394	185	3.6 m				m 1.2m	n 1.8 m	CS-4, CS-4A	PLUS 2.4 m	
(1) ADT 400	ROLLING	100	394	185		3.3 m	2.4 m	1.8 m			OR CS-		
TO 1500	RULLING	80	230	130		3.3 111	2.4 111	1.0 111			4C		
10 1000	MOUNTAINOUS	80	230	130	3.3 m						CS-3 0R		
	MOONTAINOUS	60	124	85							CS-3B		
	LEVEL	110	502	220							CS-4,		
CURRENT		100	394	185	3.6 m						CS-4A	1.8 m PLUS	
ADT	ROLLING	100	394	185		2.7 m	1.8 m	1.2 m	1.2 m	1.8 m	OR CS-	PAVEMENT WIDTH	
UNDER	KOLLING	80	230	130		- 2.7 m	1.8 M	1.2 m	1.2 m	1.5111	4C	PAVEMENT WIDTH PLUS 1.8 m	
400	MOUNTAINOUS	80 60	230 124	130 85	3.3 m						CS-3 OR CS-3B		

GENERAL NOTES

Rural Minor Arterials are designed with design speeds of 80 to 110 km/h, dependent on terrain features and traffic volumes, and occasionally may be as low as 60 km/h in mountainous terrain.

In incorporated towns or other built-up areas, Urban Standard GS-6(M) may be used for design. "Built-up" is where there is sufficient development along the roadway that justifies a need to channelize traffic into and out of properties utilizing curb and gutter.

Standard TC-5.01R(M) (2001 AASHTO Green Book) superelevation based on 8% maximum is to be used for Rural Minor Arterials.

If medians are included, see Section 2E of the Road Design Manual.

Clear zone and Recoverable Area information can be found in Appendix A(M), Section A-2(M) of the <u>Road Design Manual</u>.

For Passing Sight Distance Criteria See Current AASHTO Green Book.

For maximum grades relative to terrain and design speed, see AASHTO Green Book, Chapter 7, Exhibit 7-2.

FOOTNOTES

 Use Design Year ADT for new construction and reconstruction projects (not applicable to R.R.R. projects or roads with ADT < 400) in accordance with Road Design Manual, Chapter 2A, "REQUEST FOR TRAFFIC DATA" and Form LD-104.

- (2) Lane width to be 3.6 m at all interchange locations. For projects not on the National Highway System, width of traveled way may remain at 6.6 m on reconstructed highways where alignment and safety records are satisfactory.
- (3) If graded median is used, the width of median shoulder is to be 2.4 m. A hydraulic analysis is necessary to determine actual depth requirement.
- (4) The Paved widths shown are the widths to be used if the Materials Division recommends the shoulders be paved or stabilized. When the mainline is 4 lanes (both directions) a minimum 2.4 m wide paved shoulder will be provided on the right of traffic and a minimum 1.2 m wide paved shoulder on the median side. Where the mainline is 6 or more lanes, both right and median paved shoulders will be 2.4 m in width. If paved shoulders are not recommended by the Materials Division the mainline pavement structure will be extended 0.3 m at the same slope into the shoulder to eliminate raveling of the pavement edge. For additional guidance on shoulder widths, see the AASHTO Green Book, Chapter 7.
- (5) Ditch slopes to be 6:1 3.0 m width, 4:1 1.8 m width.
- (6) Additional or modified slope criteria to be applied where shown on typical sections.
- (7) Vertical clearance at roadway underpasses for new and reconstructed bridges is to be 5.05 m (0.3 m additional clearance required for non-vehicular overpasses).
- (8) For additional information on sight distance requirements on grades of 3 percent or greater, see Exhibit 3-2 of the 2004 AASHTO Green Book.

FIGURE A - 1 - 2M*

TRAFFIC VOLUME	TERRAIN	DESIGN SPEED (km/h)	MINIMUM RADIUS (METERS)	(9) STOPPING SIGHT DISTANCE (METERS MIN	(2) MIN. WIDTH OF LANE	(3) (4) MIN. WIDTH OF GRADED SHOULDERS		(5) MINIMUM WIDTH OF DITCH FRONT SLOPE	(6) RECOMMENDED SLOPE	(7) (8) NEW AND RECONSTRUCTED MINIMUM BRIDGE WIDTHS AND VERTICAL CLEARANCES											
						W/GR	FILL			CLEARANCES											
(1)	LEVEL	100	394	185				3.0 m	CS-4, CS-4A,	2.4 m PLUS											
ADT OVER	ROLLING	80	230	130	130 3.6 m 3.3 m	3.3 m	2.4 m	1.8 m	OR CS-4C	PAVEMENT WIDTH PLUS 2.4m											
2000	MOUNTAINOUS	60	124	85				1.0 111	CS-3 OR CS-3B	r L03 2.411											
(1)	LEVEL	80	230	130	3.3 m 2.7 n	3.3 m													1.8 m	CS-4, CS-4A,	1.2 m PLUS
ADT 1500	ROLLING	60	124	85 3.3 m				85 3.3 m		1.8 m	1.0 111	OR CS-4C	PAVEMENT WIDTH PLUS 1.2 m								
TO 2000	MOUNTAINOUS	50	83	65					1.2 m	CS-3 OR CS-3B	1 200 1.2 11										
(1)	LEVEL	80	230	130	3.3 m			1.8 m	CS-4, CS-4A,	1.0 m PLUS											
ADT 400	ROLLING	60	124	85	3.3 111	2.4 m (10)	1.5 m (10)	1.0 111	OR CS-4C	PAVEMENT WIDTH											
TO 1500	MOUNTAINOUS	50	83	65	3.0 m	× ×	(10)	1.2 m	CS-3 OR CS-3B	PLUS 1.0 m											
CURRENT	LEVEL	60	124	85				1.8 m		0.6 m PLUS											
ADT	ROLLING	50	83	65	3.0 m	2.1 m	0.6 m	1.2 m	CS-1	PAVEMENT WIDTH											
UNDER400	MOUNTAINOUS	30	29	35						PLUS 0.6 m											

GEOMETRIC DESIGN STANDARDS FOR RURAL COLLECTOR ROAD SYSTEM (GS-3M)

GENERAL NOTES

Geometric design features should be consistent with a design speed appropriate for the conditions.

Low design speeds (60 km/h and below) are generally applicable to highways with curvilinear alignment in rolling or mountainous terrain and where environmental conditions dictate.

High speed design (70 km/h and above) are generally applicable to highways in level terrain or where other environmental conditions are favorable.

Intermediate design speeds would be appropriate where terrain and other environmental conditions are a combination of those described for low and high speed.

The designer should strive for higher values than the minimum where conditions of safety dictate and costs can be supported.

In incorporated towns or other built-up areas, Urban Standard GS-7M may be used. "Built-up" is where there is sufficient development along the roadway that justifies a need to channelize traffic into and out of properties utilizing curb and gutter.

Standard TC-5.01R(M) (2001 AASHTO Green Book) superelevation based on 8% Maximum to be used for Rural Collectors.

Maximum grades of short length (less than 150 m), on oneway downgrades and on low-volume Rural Collectors may be 2 percent steeper.

Clear zone and Recoverable Area information can be found in Appendix A(M), Section A-2(M) of the <u>Road</u> <u>Design Manual</u>.

For Passing Sight Distance Criteria See Current AASHTO Green Book

For maximum grades relative to terrain and design speed, see AASHTO Green Book, Chapter 6, Exhibit 6-4.

FOOTNOTES

- Use Design Year ADT for new construction and reconstruction projects (not applicable to R.R.R. projects or roads with ADT < 400) in accordance with Road Design Manual, Chapter 2A, "REQUEST FOR TRAFFIC DATA" and Form LD-104.
- (2) Lane width to be 3.6 m at all interchange locations.
- (3) Provide 1.2 m wide paved shoulders when design year ADT exceeds 2000 VPD, with 5% or more truck and bus usage. All shoulders not being paved will have the mainline pavement structure extended 0.3 m on the same slope into the shoulder to eliminate raveling at the pavement edge. For additional guidance on shoulder widths, see the AASHTO Green Book, Chapter 6.
- (4) When the mainline is four lanes with ADT >2000, a minimum paved shoulder width of 1.8 m right of traffic and 0.9 m left of traffic will be provided.
- (5) Ditch slopes to be 6:1 3.0 m width, 4:1 1.8 m width,
 3:1 1.2 m width. A hydraulic analysis is necessary to determine actual depth requirement.
- (6) Additional or modified slope criteria to be applied where shown on typical sections.
- (7) Where the approach roadway width (traveled way plus shoulder) is surfaced, that surfaced width shall be carried across all structures if that width exceeds the width shown in this table.
- (8) Vertical clearance at roadway underpasses for new and reconstructed bridges is to be 5.05 m desirable and 4.45 m minimum (0.3 m additional clearance required for nonvehicular overpasses).
- (9) For additional information on sight distance requirements on grades of 3 percent or greater, see Exhibit 3-2 of the 2004 AASHTO, Green Book.
- (10) Shoulder width may be reduced to 1.2m (2.1m with guardrail) where appropriate as long as a minimum roadway width of 9.1m is maintained. See AASHTO Green Book, Exhibit 6-5.

FIGURE A - 1 - 3M*

GEOMETRIC DESIGN STANDARDS FOR RURAL LOCAL ROAD SYSTEM (GS-4M)

TRAFFIC VOLUME	TERRAIN	TERRAIN	TERRAIN	TERRAIN	TERRAIN	DESIGN SPEED	MINIMUM RADIUS (METERS)	(9) STOPPING SIGHT DISTANCE	(2) MIN. WIDTH OF SURFACING	(3) (4 MIN. W OF GR SHOUL	/IDTH ADED	(6) MINIMUM WIDTH OF DITCH	(7) RECOMMENDED SLOPE	(8) NEW AND RECONSTRUCTED MINIMUM BRIDGE WIDTHS
		(km/h)		MIN.	OR PAVEMENT	FILL W/GR	CUT & FILL	FRONT SLOPE		AND VERTICAL CLEARANCE				
(1)	LEVEL	80	230	130			2.4	1.8 m	CS-4, 4A OR 4C	APPROACH				
ADT	ROLLING	60	124	85	7.2 m	3.3 m	2.4 m		CS-3, 3A OR 3B	ROADWAY				
OVER 2000	MOUNTAINOUS	50	83	65				1.2 m		WIDTH				
(1)	LEVEL	80	230	130			1.0	1.8	1.8 m	CS-4, 4A OR 4C				
ADT 1500	ROLLING	60	124	85	6.6 m	2.7 m	m		CS-3, 3A OR 3B	10 m PLUS				
TO 2000	MOUNTAINOUS	50	83	65				1.2 m	000,0101105	PAVEMENT WIDTH				
(1)	LEVEL	80	230	130	6.6 m	2.4 m 1.5	2.4 m	15	1.8 m	CS-4, 4A OR 4C	PLUS 10 m			
ADT 400	ROLLING	60	124	85	6.0 m					CS-3, 3A OR 3B				
TO 1500	MOUNTAINOUS	50	83	65	0.011			1.2 m	00 0, 0/ 0/ 00					
CURRENT	LEVEL	60	124	85			0.6	1.8 m						
ADT 400	ROLLING	50	83	65	5.4 m	2.1 m	0.6 m	1.2 m	CS-1					
TO 250	MOUNTAINOUS	30	29	35				1.2 111						
CURRENT	LEVEL	50	83	65						0.6 m PLUS				
ADT 250	ROLLING	50	83	00	5.4 m	2.1 m	0.6 m	1.2 m	CS-1	PAVEMENT WIDTH				
TO 50	MOUNTAINOUS	30	29	35					PLUS 0.6 m					
CURRENT	LEVEL	50	83	65										
ADT	ROLLING	30	29	35	5.4 m	2.1 m	0.6 m	1.2 m	CS-1					
UNDER 50	MOUNTAINOUS	30	29	55										

GENERAL NOTES

Low design speeds are generally applicable to roads with winding alignment in rolling or mountainous terrain where environmental conditions dictate.

High design speeds are generally applicable to roads in level terrain or where other environmental conditions are favorable.

Intermediate design speeds would be appropriate where terrain and other environmental conditions are a combination of those described for low and high speed.

Standard TC-5.01R(M) (2001 AASHTO Green Book) superelevation based on 8% maximum is to be used.

In incorporated towns or other built-up areas, Urban Standard GS-8(M) may be used. "Built-up" is where there is sufficient development along the roadway that justifies a need to channelize traffic into and out of properties utilizing curb and gutter.

For Passing Sight Distance Criteria See Current AASHTO Green Book.

For maximum grades relative to terrain and design speed, see AASHTO Green Book, Chapter 5, Exhibit 5-4.

FOOTNOTES

(1) Use Design Year ADT for new construction and reconstruction projects (not applicable to R.R.R. projects or roads with ADT < 400) in accordance with Road Design Manual, Chapter 2A, "REQUEST FOR TRAFFIC DATA" and Form LD-104.

- (2) Lane width to be 3.6 m at all interchange locations.
- (3) In mountainous terrain or sections with heavy earthwork, the graded width of shoulder in cuts may be decreased by 0.6 m, but in no case shall the shoulder width be less than 0.6 m.
- (4) Minimum shoulder slope shall be 8% on low side and same slope as pavement on high side (See St'd. GS-12).
- (5) Provide 1.2 m wide paved shoulders when design year ADT exceeds 2000 VPD, with 5% or more truck and bus usage. All shoulders not being paved will have the mainline pavement structure extended 0.3 m on the same slope into the shoulder to eliminate raveling at the pavement edge. For additional guidance on shoulder widths, see the AASHTO Green Book, Chapter 5.
- (6) Ditch slopes to be 4:1 1.8 m width, 3:1 1.2 m width. A hydraulic analysis is necessary to determine actual depth requirement.
- (7) Additional or modified slope criteria to be applied where shown on typical sections.
- (8) Vertical clearance at roadway underpasses for new and reconstructed bridges is 5.05 m desirable and 4.45 m minimum (0.3 m additional clearance required for nonvehicular overpasses).
- (9) For additional information on sight distance requirements on grades of 3 percent or greater, see Exhibit 3-2 of the 2004 AASHTO Green Book.

FIGURE A - 1 - 4M*

^{*} Rev. 1/10

GEOMETRIC DESIGN STANDARDS FOR URBAN PRINCIPAL ARTERIAL SYSTEM (GS-5M)

	DESIGN SPEED (k/m/h)		IMUM DIUS	(13) STOPPING SIGHT DISTANCE	MIN. WIDTH OF LANE		MUM DTH TAL LDERS	SHOL	2) /ED JLDER DTH	(3) MINIMUM WIDTH OR DITCH FRONT	(4) SLOPE	(7) NEW AND RECONSTRUCTED MINIMUM BRIDGE WIDTHS AND
		U	ULS	MIN.		FILL W/GR	CUT &FILL	RT.	LT.	SLOPE		VERTICAL CLEARANCES
	110	502	-	220							CS-4	2 THRU LANES SAME DIRECTION =
FREEWAYS	100	394	-	185	3.6m	5.2m	4.3m	3.6m	1.2m	3.6m	OR CS-4B	1.8m + PAVE. WIDTH + 4.2m 3 OR MORE THRU LANES
	80	230	-	130							CS-4 OR 4E	SAME DIRECTION = 4.2m + PAVE. WIDTH + 4.2m
	100	394	-	185	(12)					3.0m	CS-4	UNDIVIDED & DIVIDED 3 OR MORE THRU LANES
ARTERIAL	80	280	-	130	3.6m	3.9m	3.0m	2.4m	1.2m		OR CS-4E	SAME DIRECTION = 3.0m + PAVE. WIDTH + 3.0m
SHOULDER	60	150	149	85	(5)(6) (12)					1.8m	CS-3	2 THRU LANES (DIVIDED) SAME DIRECTION =
DESIGN	50	99	94	65	3.3m						OR CS-3B	1.8m + PAVE. WIDTH + 3.0m
	DESIGN SPEED (km/h)		IMUM DIUS	STOPPING SIGHT DISTANCE	MIN. WIDTH OF LANE	CUP	3) DARD RB & TER 4)	ST	FER RIP DTH	(9) MINIMUM SIDEWALK WIDTH	(10) SLOPE	(7) NEW AND RECONSTRUCTED MINIMUM BRIDGE WIDTHS AND VERTICAL CLEARANCES
		U	ULS	MIN.								VERTICAL CLEARAINCES
OTHER	100	394	-	185	(12)							
ARTERIAL	80	280	-	130	3.6m	C0	3-7	l				SAME AS CURB TO CURB
WITH	70	222	227	105	(5) (6)			(11) 1.5m		1.5m	2: 1	OF APPROACHES
CURB & GUTTER	60	150	149	85	(12) 3.3m) -6	7				
	50	99	94	65	3.3m							

GENERAL NOTES^{*}

<u>Freeways</u> - Urban Freeways should accommodate desired safe operating speeds during non-peak hours, but should not be so high as to exceed the limits of prudent construction, right of way and socioeconomic costs due to the large proportion of vehicles which are accommodated during periods of peak flow when lower speeds are necessary. The design speeds for Freeways should never be less than 80 km/h.

On many Urban Freeways, particularly in suburban areas, a design speed of 100 km/h or higher can be provided with little additional cost above that required for 80 km/h design speed. The corridor of the mainline may be relatively straight and the character and location of interchanges may permit high speed design. Under these conditions, a design speed of 110 km/h is most desirable because the higher design speeds are closely related to the overall quality and safety of the facility.

<u>Other Principal Arterials</u> - Design speeds for Urban Arterials generally range from 60 to 100 km/h, and occasionally may be as low as 50 km/h. The lower (60 km/h and below) speeds apply in the central business district and intermediate areas. The higher speeds are more applicable to the outlying business and developing areas.

Standard TC-5.01R (M) (Rural) (2001 AASHTO Green Book) superelevation based on 8% maximum is to be used for all Freeways and is to be used for all other Principal Arterials with a design speed of 100 km/h.

* Grades 1 percent steeper that the value shown may be used on Urban Freeways for extreme cases in urban areas where development precludes the use of flatter grades and for one-way downgrades, except in mountainous terrain.

Standard TC-5.01U (M) (Urban) (2001 AASHTO Green Book) superelevation based on 4% maximum is to be used on Other Principal Arterials with a design speed less than 100 km/h.

Standard TC-5.04ULS (M) (Urban Low Speed) (2004 AASHTO Green Book) superelevation based on 2% maximum is to be used on Other Principal Arterials with a design speed less than or equal to 70 km/h. Clear Zone and Recoverable Area information can be found in Appendix A (M), Section A-2(M) of the <u>Road Design Manual</u>.

If medians are included, see Section 2E-3 of Chapter 2E of the Road Design Manual.

For minimum widths for roadway and right of way used within incorporated cities or towns to qualify for maintenance funds see Code of Virginia Section 33.1-41.1.

For guidelines on Interchange Ramp, see Standard GS-RM.

For maximum grades relative to terrain and design speed, see AASHTO Green Book, Chapter 7, Exhibit 7-10. For Freeways, see Chapter 8, Exhibit 8-1.

FOOTNOTES

- (1) Shoulder widths shown are for right shoulders and independently graded median shoulders. A 2.4m graded median shoulder will be provided when the mainline is 4 lanes (both directions). For 6 or more lanes, the median shoulder provided will be the same as that shown for independent grading. On Freeways, if truck traffic is less than 250 DDHV, the minimum width of graded shoulder shall be 4.6m for fills and 3.6m for cuts.
- (2) When the mainline is 6 or more lanes, the left paved shoulder width should be the same as the right paved shoulder. On Freeways, if truck traffic is less than 250 DDHV, the minimum right paved shoulder width shall be 3.0m.
- (3) Ditch slopes to be 6:1 3.0 m and 3.6 m widths and 4:1 1.8 m width. A hydraulic analysis is necessary to determine actual depth requirement.
- (4) Additional or modified slope criteria to apply where shown on typical sections.
- (5) Minimum lane width to be 3.6 m at all interchange locations.
- (6) If heavy truck traffic is anticipated, an additional 0.3 m width is desirable.
- (7) Vertical clearance at roadway underpasses for new and reconstructed bridges is to be 5.05 m (0.3 m additional clearance required for non-vehicular overpasses). 4.2m shoulder on bridges may be reduced to 3.6m minimum when truck traffic is less than 250 DDHV.
- (8) Or equivalent City or Town design.
- (9) Width of 2.4 m or more may be needed in commercial areas.
- (10) 3:1 and flatter slopes shall be used when the right of way is behind the sidewalk (or sidewalk space) in residential or other areas where slopes will be maintained by the property owner.
- (11) For buffer strip widths see Appendix A, Section A-5 Bicycle & Pedestrian Facility Guidelines.
- (12) Situations having restrictions on trucks may allow the use of lanes 0.3m less in width.
- (13) For additional information on sight distance requirements on grades of 3 percent or greater, see Exhibit 3-2 of the 2004 AASHTO, Green Book.
- (14) Intersection sight distance requirements see Append. F, Table 2-7.

FIGURE A - 1 - 5M

^{*} Rev. 7/10

GEOMETRIC DESIGN STANDARDS - URBAN MINOR ARTERIAL STREET SYSTEM (GS-6M)

	DESIGN SPEED (km/h)			(12) STOPPING SIGHT DISTANCE MIN.	(11) MIN. WIDTH OF LANE	(3 STAN CUR GUT (14	DARD 8B & TER		FER RIP DTH	(4) MINIMUM SIDEWALK WIDTH	(5) SLOPE	(6) NEW AND RECONSTRUCTED MINIMUM BRIDGE WIDTHS AND VERTICAL CLEARANCES
	100	394		185								
STREETS	80	280	•	130	3.6m	co	. 7					
WITH CURB &	70	222	227	105	(4) (2)			(1	0)	1.5m	2: 1	SAME AS CURB TO CURB OF APPROACHES
GUTTER	60	150	149	85	(1) (2) 3.3m	ce	-6	1				OF AFFROACHES
	50	99	94	65	0.011		-0					
	DESIGN SPEED (km/h)		MUM DIUS	STOPPING SIGHT DISTANCE	MIN. WIDTH OF LANE	MIN WII GR4	(13) IMUM DTH ADED LDERS	(8 PAV SHOU WIE	/ed Jlder	(9) MINIMUM WIDTH OF DITCH	(5) SLOPE	(6) (13) NEW AND RECONSTRUCTED MINIMUM BRIDGE WIDTHS AND
		U	ULS	MIN.	LANE	FILL W/GR	CUT &FILL	RT.	LT.	FRONT		VERTICAL CLEARANCES
(13)	100	394	-	185						3.0m		
STREETS WITH SHOULDER	80	280	-	130	3.6m	3.9m	3.9m 3.0m		1.2m		2: 1	3.0m + PAVEMENT WIDTH + 3.0m
DESIGN	60	150	149	85	(1) (2)					1.8m		
	50	99	94	65	3.3m							

GENERAL NOTES

Design Speeds for Urban Arterials generally range from 60 to 80 km/h and occasionally may be as low as 50 km/h. The lower (60 km/h and below) speeds apply in the central business district and intermediate areas. The higher speeds are more applicable to the outlying business and developing areas.

Standard TC-5.01R (M) (2001 AASHTO Green Book) superelevation based on 8% maximum is to be used for 100 km/h design speed.

Standard TC-5.01U (M) (Urban) (2001 AASHTO Green Book) superelevation based on 4% maximum is to be used for design speeds less than 100 km/h.

Standard TC-5.04ULS (M) (Urban Low Speed) (2004 AASHTO Green Book) superelevation based on 2% maximum may be used for design speeds less than or equal to 70 km/h.

Clear Zone and Recoverable Area information can be found in Appendix A (M), Section A-2 (M) of the <u>Road Design Manual</u>.

If medians are included, see Section 2E-3 of Chapter 2E of the Road Design Manual.

For minimum widths for roadway and right of way used within incorporated cities or towns to qualify for maintenance funds see Code of Virginia Section 33.1-41.1.

For maximum grades relative to terrain and design speed, see AASHTO Green Book, Chapter 7, Exhibit 7-10.

FIGURE A - 1 - 6M*

FOOTNOTES

- (1) Lane width to be 3.6 m at all interchanges or if design year ADT exceeds 2000.
- (2) If heavy truck traffic is anticipated, an additional 0.3 m width is desirable.
- (3) Or equivalent City or Town design.
- (4) A width of 2.4 m or more may be needed in commercial areas.
- (5) 3:1 and flatter slopes shall be used when the right of way is behind the sidewalk (or sidewalk space) in residential or other areas where slopes will be maintained by the property owner.
- (6) Vertical clearance at roadway underpasses for new and reconstructed bridges is to be 5.05 m (0.3 m additional clearance required for non-vehicular overpasses).
- (7) If graded median is used, the width of median shoulder is to be 2.4 m (See Standard GS-11 for shoulder design).
- (8) The Paved widths shown are the widths to be used if the Materials Division recommends the shoulders be paved or stabilized. When the mainline is 4 lanes (both directions) a minimum 2.4 m wide paved shoulder will be provided on the right of traffic and a minimum 1.2 m wide paved shoulder on the median side. Where the mainline is 6 or more lanes, both the right and median paved shoulders will be 2.4 m in width. If paved shoulders are not recommended by the Materials Division, the mainline pavement structure will be extended 0.3 m at the same slope into the shoulder to eliminate raveling of the pavement edge.
- (9) Ditch slope to be 6:1 3.0 m width and 4:1 1.8 m width. A hydraulic analysis is necessary to determine actual depth requirement.
- (10) For buffer strip widths see Appendix A, Section A-5 Bicycle & Pedestrian Facility Guidelines.
- (11) Situations having restrictions on trucks may allow the use of lanes 0.3 m less in width.
- (12) For additional information on sight distance requirements on grades of 3 percent or greater, see Exhibit 3-2 of the 2004 AASHTO, Green Book.
- (13) For information on reduced shoulder widths, see Exhibit 7-3 of the 2004 AASHTO Green Book.

* Rev. 7/10

GEOMETRIC DESIGN STANDARDS FOR URBAN COLLECTOR STREET SYSTEM (GS-7M)

	DESIGN SPEED (km/h)		MUM DIUS ULS	(11) STOPPING SIGHT DISTANCE MIN.	MIN. WIDTH OF LANE	(3) STANDARD CURB & GUTTER (10)	BUFFER STRIP WIDTH	(4) MINIMUM SIDEWALK WIDTH	(5) SLOPE	(8) (9) NEW AND RECONSTRUCTED MINIMUM BRIDGE WIDTHS AND VERTICAL CLEARANCES		
STREETS	80	280	-	130	3.6m	CG-7						
WITH	70	222	227	105	(1) (2)	0.9-1	(10)	1.5m	2: 1	SAME AS CURB TO CURB		
CURB &	60	150	149	85	3.3m	CG-6] (10)	1.011	2.1	OF APPROACHES		
GUTTER	50	99	94	65		00-0						
	DESIGN SPEED (km/h)		MUM DIUS	STOPPING SIGHT DISTANCE	MIN. WIDTH OF LANE	(7) MINIMUN GRA SHOUI	I WIDTH DED	(6) MINIMUM WIDTH OF DITCH FRONT	(5) SLOPE	(8) (9) (12) NEW AND RECONSTRUCTED MINIMUM BRIDGE WIDTHS AND		
		U	ULS	MIN.	LANL	FILL W/GR	CUT &FILL	SLOPE		VERTICAL CLEARANCES		
(12) STREETS	80	280		130	3.6m			1.8m		2.4m + PAVEMENT		
WITH SHOULDER	60	150	149	85	(1) (2)	3.3m	2.4m	1.011	2: 1	WIDTH + 2.4m		
DESIGN	50	99	94	65	3.3m			1.2m				

GENERAL NOTES

A minimum design speed of 50 km/h or higher should be used for collector streets, depending on available right of way, terrain, adjacent development and other area controls.

In the typical street grid, the closely spaced intersections usually limit vehicular speeds and thus make the effect of design speed of less significance. Nevertheless, the longer sight distances and curve radii commensurate with design speeds higher than the value indicated result in safer highways and should be used to the extent practicable.

Standard TC-5.01U (M) (Urban) (2001 AASHTO Green Book) superelevation based on 4% maximum.

Standard TC-5.04ULS (M) (Urban-Low Speed) (2004 AASHTO Green Book) superelevation based on 2% maximum may be used with a design speed of 70 km/h or less.

For minimum widths for roadway and right of way used within incorporated cities or towns to qualify for maintenance funds see Code of Virginia Section 33.1-41.1.

Clear zone and Recoverable Area information can be found in Appendix A (M), Section A-2(M) of the <u>Road Design Manual</u>.

Maximum grades of short lengths (less than 150 m) and oneway down grades may be 2% steeper.

For maximum grades relative to terrain and design speed, see AASHTO Green Book, Chapter 6, Exhibit 6-8.

FOOTNOTES

(1) 3.6m when Design year ADT exceeds 2000. Where feasible, lanes should be 3.6m in industrial areas; however, where available or attainable R/W imposes severe limitations 3.3m lanes can be used in industrial areas., 3.0m lanes can be used in residential areas, based upon design speed and traffic volumes. (See AASHTO Green Bk., Exhibit 6-5).

FIGURE A - 1 - 7M*

- (2) Lane width to be 3.6 m at all interchange locations.
- (3) Or equivalent City or Town Design.
- (4) A width of 2.4 m or more may be needed in commercial areas.
- (5) 3:1 and flatter slopes shall be used when right of way is behind the sidewalk (or sidewalk space) in residential or other areas where the slopes will be maintained by the property owner.
- (6) Ditch slopes to be 4:1 1.8 m width and 3:1 1.2 m width. A hydraulic analysis is necessary to determine actual depth requirement.
- (7) When Design year ADT exceeds 2000VPD, with greater than 5% total truck and bus usage: All shoulders not being paved will have the mainline pavement structure extended 0.3 m, on the same slope, into the shoulder to eliminate raveling at the pavement edge (See Standard GS-11 for shoulder design).
- (8) Where the approach roadway width (traveled way plus shoulder) is surfaced, that surfaced width shall be carried across all structures if that width exceeds the width shown in this table.
- (9) Vertical clearance at roadway underpasses for new and reconstructed bridges is to be 5.05 m desirable and 4.45 m minimum (0.3 m additional clearance required for nonvehicular overpasses).
- (10) For buffer strip widths see Appendix A, Section A-5 Bicycle & Pedestrian Facility Guidelines.
- (11) For additional information on sight distance requirements on grades of 3 percent or greater, see Exhibit 3-2 of the 2004 AASHTO, Green Book.
- (12) For information on reduced shoulder widths, see Exhibit 6-5 of the 2004 AASHTO Green Book.

GEOMETRIC DESIGN STANDARDS FOR URBAN LOCAL STREET SYSTEM (GS-8M)

	DESIGN SPEED	MININ RAD (METI	IUS	(1) MAX. PERCENT OF	(10) STOPPING SIGHT DISTANCE	(2) MIN. WIDTH OF	(3) STANDARD CURB &	BUFFER	(5) MIN. SIDEWALK	(6) SLOPE	(9) (4) NEW AND RECONSTRUCTED MINIMUM
	(km/h)	U	ULS	GRADE	(METERS)	LANE	GUTTER	WIDTH	WIDTH		BRIDGE WIDTHS AND VERTICAL CLEARANCES
STREETS WITH CURB	50	99	94	15	58m	3.0m	CG-6	(4)	1.5m	2:1	SAME AS CURB TO CURB OF
& GUTTER	30	34	24	10	30m	0.011	000	(*)	1.011	2.1	APPROACHES
	DESIGN SPEED (km/h)	MINN RAD (METI	IUS	(1) MAX. PERCENT	STOPPING SIGHT DISTANCE	(2) MIN. WIDTH	(7) (1 MIN. WI GRADI SHOULD	DTH ED	(8) MINIMUM WIDTH OF DITCH	SLOPE	(9) (11) NEW AND RECONSTRUCTED MINIMUM
	~ /	U	ULS	OF GRADE	(METERS)	OF LANE	FILL W/GR.	CUT & FILL	FRONT SLOPE		BRIDGE WIDTHS AND VERTICAL CLEARANCES
(11) STREETS WITH	50	99	94	15	58m	3.0m	3.3 m	2.4 m	1.2 m	3:1	2.4 m + PAVEMENT
SHOULDER DESIGN	30	34	24	.0	30m	0.011	2.2			0.1	WIDTH + <mark>2.4</mark> m

GENERAL NOTES

Design Speeds is not a major factor for local streets. For consistency in design elements, design speeds ranging from 30 to 50 km/h may be used, depending on available right of way, terrain, adjacent development and other area controls.

In the typical street grid, the closely spaced intersections usually limit vehicular speeds, making the effect of a design speed of less significance.

Design speeds exceeding 50 km/h in residential areas may require longer sight distances and increased curve radii, which would be contrary to the basic function of a local street.

Standard TC-5.01U (M) (Urban) (2001 AASHTO Green Book) superelevation based on 4% maximum.

Standard TC-5.04ULS (M) (Urban Low Speed) (2004 AASHTO Green Book) superelevation based on 2% maximum may be used with a design speed of 70 km/h or less.

For minimum widths for roadway and right of way used within incorporated cities or towns to qualify for maintenance funds see Code of Virginia Section 33.1-41.1.

FOOTNOTES

- (1) Grades in commercial and industrial areas should be less than 8 percent; desirably, less than 5 percent. For maximum grades relative to terrain and design speed, see AASHTO Green Book, Chapter 5, Exhibit 5-4.
- (2) Where feasible, lanes should be 3.3 m wide and in industrial areas should be 3.6 m wide; however, where available or attainable right of way imposes severe limitations, 2.7 m lanes can be used in residential areas and 3.3 m lanes can be used in industrial areas.

- (3) Or equivalent City or Town design.
- (4) For buffer strip widths see Appendix A, Section A-5 Bicycle & Pedestrian Facility Guidelines.
- (5) Widths of 2.4 m or more may be needed in commercial areas.
- (6) 3:1 and flatter slopes shall be used when the right of way is behind the sidewalk (or sidewalk space) in residential or other areas where slopes will be maintained by the property owner.
- (7) When Design year ADT exceeds 2000 VPD, with greater than 5% total truck and bus usage:
 All shoulders not being paved will have the mainline pavement structure extended 0.3 m, on the same slope, into the shoulder to eliminate raveling at the pavement edge (See Standard GS-12 for shoulder design).
- (8) Ditch slopes to be 3:1 1.2 m width. A hydraulic analysis is necessary to determine actual depth requirement.
- (9) Vertical clearance at roadway underpasses for new and reconstructed bridges is to be 5.05 m desirable and 4.45 m minimum (0.3 m additional clearance required for nonvehicular overpasses).
- (10) For additional information on sight distance requirements on grades of 3 percent or greater, see Exhibit 3-2 of the 2004 AASHTO, Green Book.
- (11) For information on reduced shoulder widths, see Exhibit 5-5 of the AASTHO Green Book

FIGURE A - 1 - 8M*

GEOMETRIC DESIGN STANDARDS FOR SERVICE ROADS (GS-9M)

	(1) DEAD END SERVICE ROADS UNDER 25 VPD									
PROPERTIES	DESIGN	MINIMUM RADIUS	STOPPING SIGHT	(2) MINIMUM	MINIMUN O SHOU	F	(3) MINIMUM WIDTH	T		
SERVED	SPEED (km/h)	(METERS)	DISTANCE (METERS)	TRAVEL WAY WIDTH	FILL W/GR.	CUT & FILL	OF DITCH (FRONT SLOPE)	SLOPES		
1	20	10	40	3.6m	1.2m					
	30	29	70	4.2m		0.6m	0.9m	(4)		
OVER 1	50	86	65	5.4m	1.5m					
	70	203	105	5.4 11						

GENERAL NOTES

The minimum design speed for service roads should be 30 km/h except for one lane service roads serving one property which may have a minimum design speed of 20 km/h.

Standard TC-5.01R (M) superelevation based on 8% maximum to be used (See 2001 AASHTO "Green Book").

For Passing Sight Distance Criteria See Current AASHTO Green Book.

RELATIONSHIP OF MAXIMUM GRADES TO DESIGN SPEEDS								
	DE	SIGN SF	PEED (kr	m/h)				
TYPE OF TERRAIN	20 30 50 60							
	GF	RADES (PERCE	NT)				
LEVEL	8	8	7	7				
ROLLING	12	11	10	9				
MOUNTAINOUS	18	16	14	12				

FOOTNOTES

- For through service roads and dead end service roads with over 25 VPD, use Standards shown for Local Roads and Streets (Also See Standard GS-12).
- (2) Under adverse conditions, intermittent shoulder sections or turnouts for passing may be required (see page 411, 2004 AASHTO "Green Book").
- (3) Ditch slope to be 3:1. A hydraulic analysis is necessary to determine actual depth requirement.
- (4) Slopes to be same as mainline when service road is parallel to or otherwise visible from the mainline. For other cases slopes should be in accordance with standards for Local Roads and Streets.

FIGURE A - 1 - 9M*

GEOMETRIC DESIGN STANDARDS FOR INTERCHANGE RAMPS (GS-RM)

	RAMP DESIGN	MINIMUM RADIUS	(6) STOPPING SIGHT	MINIMUM			/INIMUM OF SHOULD	DER FT OF TRAF	FIC	(5) MINIMU M	(4) NEW AND
	SPEED (km/h)	(METERS)	DISTANCE (METERS)	RAMP PAVEMENT	GRADED	(2)(3)		GRADED WIDTH		OF DITCH	RECONSTRUCTED
			MIN.	WIDTHS	WIDTH	PAVED WIDTH	FILL W/GR.	CUT & FILL	PAVED WIDTH	(FRONT SLOPE)	BRIDGE WIDTHS
	100	394	185								
	80	230	130	4.8m							1.8 m PLUS
INTERCHANGE	60	124	85	4.011	3.3m	2.4m	2.7m	1.8m	1.2m	3.0m	PAVEMENT
RAMPS	50	83	65		0.011	2.400	2.7111	1.011	1.2111	5.011	WIDTH
	40	52	50	5.4m							PLUS 2.4 m
	30	29	35	5.4m							
AUXILIARY LANES											AUXILIARY LANE SHOULDER WIDTHS ARE TO BE THE SAME AS MAINLINE THROUGH LANES

GENERAL NOTES

The determination of the proper design speed for any particular ramp should be made using guidelines shown in Exhibit 10-56 of the 2004 AASHTO "Green Book".

Standard TC-5.01R(M) is to be used. Maximum ramp superelevation to be 8% (See 2001 AASHTO "Green Book").

Clear Zone and Recoverable Area information

can be found in Appendix A(M), Section A-2(M) of the <u>Road</u> <u>Design Manual</u>.

RELATIO	RELATIONSHIP OF MAXIMUM GRADES TO DESIGN SPEED								
	DESIGN SPEED (km/h)								
20 - 30	40 - 50	60	70 - 80						
	GRADES (PERCENT)								
6-8 5-7 4-6 3-5									

Where topographic conditions dictate, grades steeper than desirable may be used. One-way descending gradients on ramps should be held to the same general maximums, but in special cases they may be 2 percent greater. However, down grades with sharp horizontal curvature and significant heavy truck or bus traffic should be limited to 4 percent. See page 829 of the 2004 AASHTO Green Book.

See Chapter 10 of the 2004 AASHTO Green Book for further guidance on ramp design.

FOOTNOTES

- Interchange ramp widths shown are for one lane traffic. For two lane or other conditions see Exhibit 10-67 in the 2004 AASHTO "Green Book"..
- (2) Shoulder widths on ramps with a design speed of 40 mph or less may be reduced to 1.8 m right, or 0.9 m left, when justifiable. However, the sum of the right and left shoulder shall not be less than 3.0 m. See 2004 AASHTO "Green Book", page 838.
- (3) On ramps with a radius of less than 150 m, consider (depending on radius and percent of trucks) the extension of the full pavement structure (on the same slope as the pavement) through the inside paved shoulder area to eliminate raveling of the pavement edge.
- (4) Vertical clearance at roadway underpasses for new and reconstructed bridges is to be 5.05 m desirable and 4.42 m minimum (0.3 m additional clearance required for nonvehicular overpasses).
- (5) Ditch slopes to be 6:1. A hydraulic analysis is necessary to determine actual depth requirement.
- (6) For additional information on sight distance requirements on grades of 3 percent or greater, see Exhibit 3-2 of the 2004 AASHTO Green Book.

FIGURE A - 1 - 10M*

SECTION A-2M-CLEAR ZONE GUIDELINES

INTRODUCTION

The term "clear zone" is used to describe the unobstructed, traversable area provided beyond the edge of the traveled way for the recovery of an errant vehicle. The clear zone includes shoulders, bike lanes, parking lanes and auxiliary lanes (except those auxiliary lanes that function like through lanes). Clear zone distances are based upon traffic volume, speed, and embankment slopes. Source: Draft revision to 2010 AASHTO "Green Book".

A recoverable area is to be provided that is clear of all unyielding obstacles such as trees, sign supports, utility poles, light poles, or any other fixed objects that might severely damage an out-of-control vehicle (See 2004 AASHTO <u>A Policy on Geometric Design of Highways and Streets</u>, Chapter 5). Determining a practical clear zone often involves a series of compromises between absolute safety, engineering judgment, environmental and economic constraints. Additional information is available in AASHTO's <u>Roadside Design Guide</u>.

ROADWAYS WITH SHOULDERS

For all Freeways and Arterials (and for Collectors with design speeds \geq 80 km/h) clear zone widths are to be determined from AASHTO's <u>Roadside Design Guide</u>, Chapter 3. For an example, see Figure A-2-1, Case 1.

For all Rural Local Roads, Urban Local Streets with paved shoulders (and Collectors with design speeds \leq 70 km/h) as much clear zone as practical should be provided, with a minimum of 3.0 m beyond the traveled way. (See 2004 AASHTO <u>A Policy on Geometric Design of Highways and Streets</u>, Chapters 4 and 5). For an example, see Figure A-2-1, Case 2.

On projects such as RRR, intersection improvements, etc. recoverable areas are not always practical due to the intent of the project to provide minimal improvements, and extend the service life of the existing roadway, for a fraction of the costs of reconstruction. However, as much clear zone as practical should be provided. Source: TRB Special Report 214, Designing Safer Roads

Whenever adequate right of way is available, urban projects should be designed with shoulders in lieu of curbs (unless city ordinances require otherwise) and clear zone widths should be consistent with the requirements for roadways with shoulders. (See 2004 AASHTO "<u>A Policy on Geometric Design of Highways and Streets</u>", Chapter 7). The justification for providing a curb is to be <u>documented in the project file</u> (e.g. Preliminary Field Inspection Report, recommendation from Right of Way and Utilities Division, etc.).*

^{*} Rev 7/08

ROADWAYS WITH CURB

High-Speed Roadways with curb

For roadways with design speeds of \geq 80 km/h, curb should <u>ONLY</u> be utilized in special situations. These situations may include, but are not limited to the following:

- Drainage considerations
- Need for access control
- Right of way restrictions

Source: AASHTO Green Book, Chapter 4

When necessary to utilize curb on a roadway with a design speed \geq 80 km/h for one of the situations listed above, a clear zone distance commensurate with prevailing traffic volumes and vehicle speeds is to be provided. (See AASHTO's Roadside Design Guide, Chapter 3).

In situations where these clear zone widths are not practical, the greatest practical values should always be utilized. <u>The lateral offset shall extend a minimum of 2.4m</u> from the face of curb, or beyond the back of the sidewalk, whichever is greater (See Figure A-2-1, Case 3). Source: Draft revision to 2010 AASHTO "Green Book".

Low-Speed Roadways with curb

When curb is utilized on urban roadways with design speeds of \leq 70 km/h, the greatest practical lateral offset is to be provided, and shall <u>extend a minimum of 2.4m from the face of curb, or beyond the back of the sidewalk, whichever is greater</u>. See Figure A-2-1, Case 3. (Source: Draft revision to 2010 AASHTO "Green Book")

In situations where space is restricted, the lateral offset distance may be reduced to an <u>absolute minimum</u> of 0.5m beyond the face of the curb, with wider distances provided where practical. See Figure A-2-1, Case 4. (Source: AASHTO <u>Roadside Design</u> <u>Guide</u>, Chapter 3 and 2004 AASHTO "Green Book", Chapters 4 and 5) The justification for not providing a minimum 8' lateral offset beyond the face of curb (or to the back of sidewalk) is to be <u>documented in the project file</u> with an approved Design Waiver.*

		FO	RESLOPES		BA	ACKSLOPE	S*
DESIGN SPEED	DESIGN ADT	6:1 or Flatter	5:1 to 4:1	3:1	3:1	5:1 to 4:1	6:1 or Flatter
60 km/h or less	Under 750 750-1500 1500- 6000 Over 6000	2.0-3.0 3.0-3.5 3.5-4.5 4.5-5.0	2.0-3.0 3.5-4.5 4.5-5.0 5.0-5.5	* * * *	2.0-3.0 3.0-3.5 3.5-4.5 4.5-5.0	2.0-3.0 3.0-3.5 3.5-4.5 4.5-5.0	2.0-3.0 3.0-3.5 3.5-4.5 4.5-5.0
70-80 km/h	Under 750 750-1500 1500- 6000 Over 6000	3.0-3.5 4.5-5.0 5.0-5.5 6.0-6.5	3.5-4.5 5.0-6.0 6.0-8.0 7.5-8.5	** ** **	2.5-3.0 3.0-3.5 3.5-4.5 4.5-5.0	2.5-3.0 3.5-4.5 4.5-5.0 5.5-6.0	3.0-3.5 4.5-5.0 5.0-5.5 6.0-6.5
90 km/h	Under 750 750-1500 1500- 6000 Over 6000	3.5-4.5 5.0-5.5 6.0-6.5 6.5-7.5	4.5-5.5 6.0-7.5 7.5-9.0 8.0-10.0*	** ** **	2.5-3.0 3.0-3.5 4.5-5.0 5.0-5.5	3.0-3.5 4.5-5.0 5.0-5.5 6.0-6.5	3.0-3.5 5.0-5.5 6.0-6.5 6.5-7.5
100 km/h	Under 750 750-1500 1500- 6000 Over 6000	5.0-5.5 6.0-7.5 8.0-9.0 9.0-10.0*	6.0-7.5 8.0-10.0* 10.0-12.0* 11.0-13.5*	** ** **	3.0-3.5 3.5-4.5 4.5-5.5 6.0-6.5	3.5-4.5 5.0-5.5 5.5-6.5 7.5-8.0	4.5-5.0 6.0-6.5 7.5-8.0 8.0-8.5
110 km/h	Under 750 750-1500 1500- 6000 Over 6000	5.5-6.0 7.5-8.0 8.5-10.0* 9.0-10.5*	6.0-8.0 8.5-11.0 10.5-13.0 11.5-14.0*	** ** **	3.0-3.5 3.5-5.0 5.0-6.0 6.5-7.5	4.5-5.0 5.5-6.0 6.5-7.5 8.0-9.0	4.5-5.0 6.0-6.5 8.0-8.5 8.5-9.0

TABLE A-2-1M CLEAR ZONE DISTANCES

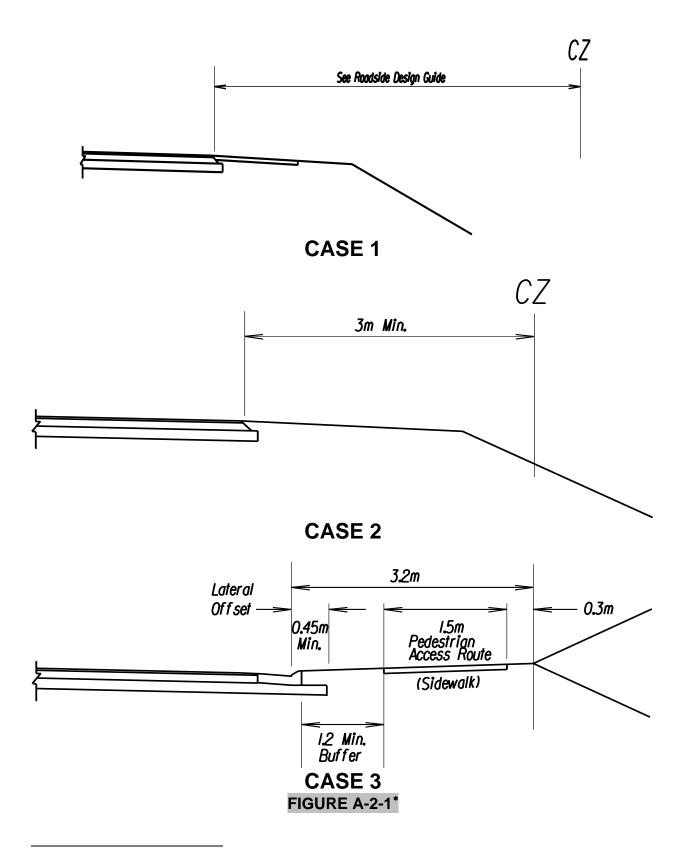
(In meters from edge of driving lane)

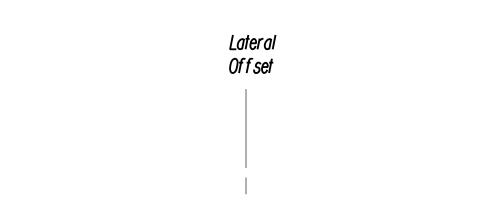
* Where a site specific investigation indicates a high probability of continuing accidents, or such occurrences are indicated by accident history, the designer may provide clear zone distances greater than 9 meters as indicated. Clear zones may be limited to 9 meters for practicality and to provide a consistent roadway template if previous experience with similar projects or designs indicates satisfactory performance.

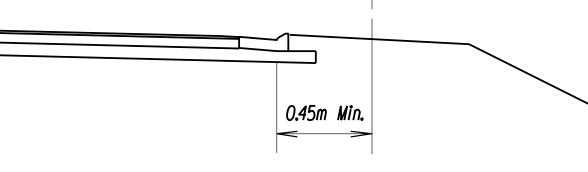
^{**} Since recovery is less likely on the unshielded, traversable 3:1 slopes, fixed objects should not be present in the vicinity of the toe of these slopes. Recovery of high speed vehicles that encroach beyond the edge of shoulder may be expected to occur beyond the toe of slope. Determination of the width of the recovery area at the toe of slope should take into consideration right of way availability, environmental concerns, economic factors, safety needs, and accident histories. Also, the distance between the edge of the travel lane and the beginning of the 3:1 slope should influence the recovery area provided at the toe of slope. While the application may be limited by several factors, the fill slope parameters which may enter into determining a maximum desirable recovery area are illustrated in FIGURE A-2-4M.

Source: The 2002 AASHTO Roadside Design Guide and errata August 2001- February 2003.

^{*} Rev. 7/06







CASE 4

FIGURE A-2-1M*

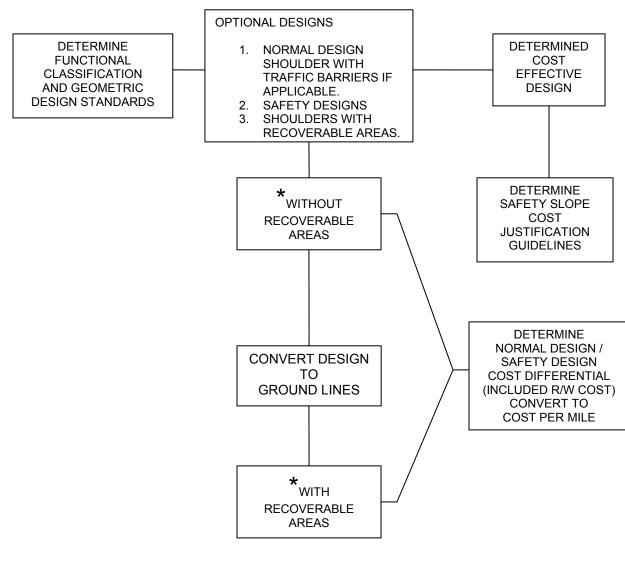
CLEAR ZONE COST-EFFECTIVENESS ANALYSIS

For projects where the clear zone widths from the AASHTO <u>Roadside Design Guide</u> are under consideration, Freeways; Rural and Urban Arterials (with shoulders); and Rural and Urban Collectors (with shoulders) with design speeds of 80 kph or greater and with a design year ADT greater than 2000, an early cost-effectiveness analysis is required to determine the feasibility of providing the recoverable areas to meet the clear zone requirements shown in TABLE A-2-1M.

This analysis should be done during the preliminary plan development process and should involve determining the additional construction and R/W costs to provide the desired clear zone. Refer to AASHTO's <u>Roadside Design Guide</u>, Appendix A, for "A Cost-Effective Selection Procedure". Any other procedure which will provide this cost is acceptable as long as it is documented in the project files. After the additional cost to provide the recoverable area is determined, it should be compared to the estimated accident cost without the recoverable area. This cost comparison <u>along with good engineering judgment</u> should be used to determine the feasibility of providing the recoverable areas through the project and should be documented on Field Review and Scoping Report PM-100 (LD-430).*

Prior to establishing the additional construction and R/W cost estimate, the developed areas that would involve heavy R/W damages and/or relocations or environmental restrictions such as park properties, historic areas or wetlands should be noted and where practicable horizontal and vertical alignment adjustments are to be made to provide the desired recoverable areas and clear zones. In these situations alternate designs may include elimination of ditches and/or median width reductions with possible incorporation of raised medians or median barrier to reduce required R/W.

FIGURE A-2-2 M



* <u>GEOPAK</u> DESIGN CROSS SECTION LISTING EARTHWORK VOLUME COMPUTATIONS

COST EFFECTIVE SELECTION PROCEDURES

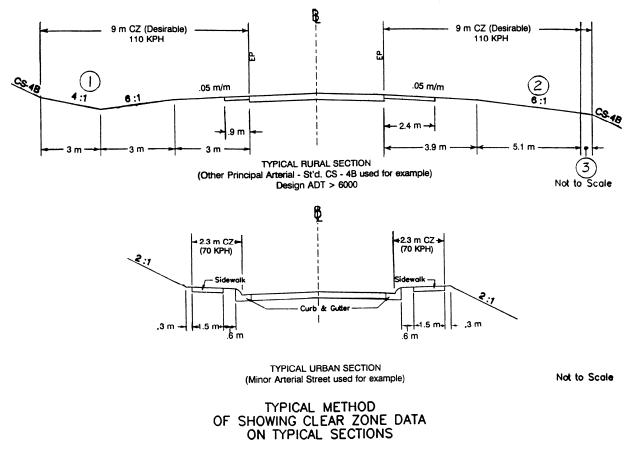
Note: Upon receipt of normal design and safety design earthwork quantities, a cursory review may indicate that the cost per side for the earthwork alone far exceeds the cost per mile for safety slopes, thereby eliminating the need to determine the other additional costs such as drainage extensions, right of way, etc.

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SHOWING CLEAR ZONES ON TYPICAL SECTIONS

The clear zone width(s) is to be clearly shown on the project typical sections if traversable slopes are being provided so that other divisions will be aware of the desirable clear zones for a project. When varying clear zone widths occur, furnish station to station breakdown. Following are typical methods of showing clear zone data on typical sections.



NOTES:

- 1. If the front slope of ditch is 6:1, the back slope should be 4:1, and if the front slope is 3:1, the back slope should be flat.
- 2. The preferred slope for recoverable areas with fills is 6:1 or flatter.
- 3. Recoverable area width to be increased 1 meter when^{*} guardrail is required.

^{*} Rev. 7/10

DETERMINING CLEAR ZONE WIDTH

The following is a guide and should be supplemented with sound engineering judgment:

Clear zone (CZ) is defined as the roadside border area, starting at the <u>edge of the</u> <u>traveled way</u> (edge of mainline pavement), available for safe use by errant vehicles. This area may consist of a shoulder, a recoverable slope 4:1 or flatter, a non-recoverable slope between 4:1 and 3:1, and/or a clear run-out area. Previously, 9 m was considered to be the standard clear zone, but current guidelines, as shown in TABLE A-2-1M, give values greater or less than 9 m, depending on the roadside slopes, design speeds, and traffic volumes. These values should suggest only the approximate center of a range to be considered and not a precise distance to be held as absolute.

TABLE A-2-1M is to be used by the designer and may be modified by the values shown in TABLE A-2-2M. See the AASHTO <u>Roadside Design Guide</u> for further details.

Embankment slopes must have a relatively smooth and firm surface to be truly recoverable or traversable.

Fill slopes between 3:1 and 4:1 are non-recoverable slopes, defined as one which is traversable, but from which most motorists will be unable to stop or to return to the roadway easily. Vehicles on such slopes typically can be expected to reach the bottom. Since a high percentage of encroaching vehicles will reach the toe of these slopes, the recovery area cannot logically end on the slope. Fixed obstacles should not be constructed along such slopes and a clear runout area (3 m min.) at the base is desirable. Figure A-2-4M on page A-40 (Metric) provides an example of a clear zone computation for non-recoverable slopes.

Any non-traversable hazards or fixed objects, including but not limited to those listed in TABLE A-3-1M, page A-44 (Metric) which are located within the clear zone as determined from TABLE A-2-1M, should preferably be removed, relocated, made yielding, or as a last resort, shielded with a barrier.

HORIZONTAL CURVE ADJUSTMENTS

These modifications are normally only considered where accident histories indicate a need, or a specific site investigation shows a definitive accident potential which could be significantly lessened by increasing the clear zone width and such increases are cost effective.

TABLE A-2-2M

CURVE RADIUS (METERS)			DESIGN	I SPEED		
	60	70	80	90	100	110
900	1.1	1.1	1.1	1.2	1.2	1.2
700	1.1	1.1	1.2	1.2	1.2	1.3
600	1.1	1.2	1.2	1.2	1.3	1.4
500	1.1	1.2	1.2	1.3	1.3	1.4
450	1.2	1.2	1.3	1.3	1.4	1.5
400	1.2	1.2	1.3	1.3	1.4	1.4
350	1.2	1.2	1.3	1.4	1.5	
300	1.2	1.3	1.4	1.5	1.5	
250	1.3	1.3	1.4	1.5		
200	1.3	1.4	1.5			
150	1.4	1.5				
100	1.5					

(K_{cz}) (Curve Correction Factor)

 $CZ_c = (L_c) (K_{cz})$ $K_{cz} = curve correction factor$

Where CZ_c = clear zone on outside of curvature, ft. L_c = clear zone distance ft., Table A-2-1M

Note: Clear zone correction factor is applied to outside of curves only. Curves with radius greater than 875 meters don't require an adjusted clear zone.

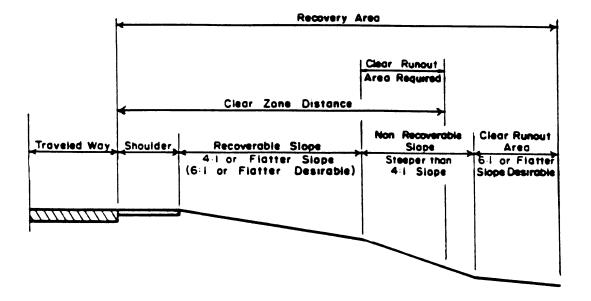


FIGURE A-2-4M EXAMPLE OF A PARALLEL EMBANKMENT SLOPE DESIGN

Source: The AASHTO <u>Roadside Design Guide</u>.

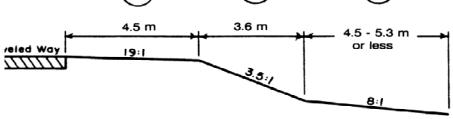
This figure illustrates a recoverable slope followed by a non-recoverable slope. Since the clear zone distance extends onto a non-recoverable slope, the portion of the clear zone distance on such a slope may be provided beyond the non-recoverable slope if practical. This clear runout area would then be included in the total recovery area. The clear runout area may be reduced in width based on existing conditions or site investigations. Such a variable slope typical section is often used as a compromise between roadside safety and economics. By providing a relatively flat recovery area immediately adjacent to the roadway, most errant motorists can recover before reaching the steeper slope beyond. The slope break may be liberally rounded so an encroaching vehicle does not become airborne. It is suggested that the steeper slope be made as smooth as practical and rounded at the bottom.

NON-RECOVERABLE PARALLEL SLOPES

Embankment slopes from 3:1 up to 4:1 are considered traversable if they are smooth and free of fixed object hazards. However, since many vehicles on slopes this steep will continue on to the bottom, a clear run-out area beyond the toe of the slope is desirable. The extent of this recovery area could be determined by first finding the available distance between the edge of the traveled way and the breakpoint of the recoverable slope to the non-recoverable slope. This distance is then subtracted from the total recommended clear zone distance based on the slope that is beyond the toe of the non-recoverable slope. The result is the desirable clear run-out area. The following example illustrates this procedure:

EXAMPLE

Design ADT: 7000 Design Speed: 100 kph Recommended clear zone distance for the 8:1 slope: 9 - 9.8 m (from TABLE A-2-1) Recovery distance before breakpoint of slope: 4.5 m Clear runout area at toe of slope: 9.0 - 9.8 m minus 4.5 m or 4.5 - 5.3 m

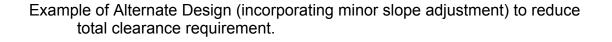


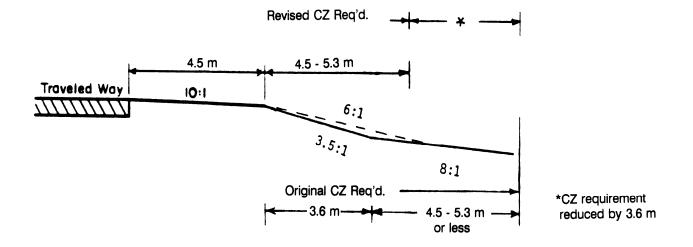


(For Example of Alternate Design to reduce CZ requirement, see below)

Discussion: Using the steepest recoverable slope before or after the non-recoverable slope, a recovery distance is selected from Table A-2-1M. In this example, the 8:1 slope beyond the base of the fill dictates a 9.0 - 9.8 m recovery area. Since 4.5 m are available at the top, an additional 4.5 - 5.3 m could be provided at the bottom. All slope breaks may be rounded and no fixed objects would normally be built within the upper or lower portions of the clear zone or on the intervening slope.

The designer may find it safe and practical to provide less than the entire 4.5 - 5.3 m at the toe of the slope. A smaller recovery area could be applicable based on the rounded slope breaks, the flatter slope at the top, or past accident histories. A specific site investigation may be appropriate in determining an appropriate recovery area at the toe of the slope.





When traffic barriers must be provided because hazardous conditions can not be eliminated, see Section A-3-Barrier Installation Criteria.

SECTION A-3M-TRAFFIC BARRIER INSTALLATION CRITERIA

INTRODUCTION

Traffic Barriers should only be used where the result of striking a fixed object hazard or leaving the roadway would be more severe than the consequence of striking the barrier. Where guardrail needs are indicated by warrants see the current AASHTO <u>Roadside Design Guide</u>. The roadway should be examined to determine the feasibility of adjusting site features so that the barrier will not be required (i.e. flattening a fill slope, removing a hazardous object, such as a drainage headwall, etc.) The initial cost to eliminate the guardrail may appear excessive; however, the fact that a barrier installation will require maintenance costs for many years should not be overlooked.

GUARDRAIL WARRANTS

The determining warrants for Traffic Barriers on VDOT projects are (1) Embankment Heights (see below) and (2) Fixed and Hazardous Objects Within the Clear Zone (see TABLE A-3-1M).

SYS CLASSIF	TEM ICATION	TRAFFIC VOLUMES	FILLS OVER 2.3 m	FILLS OVER 4.6 m	AT OBVIOUS NEEDS SUCH AS BRIDGES, LARGE END WALLS, PARALLEL WATER HAZARDS, ETC., AND FILLS WHERE RECOMMENDED DURING FIELD INSPECTION
INTERSTATE - PRIMARY	FILLS WITHOUT RECOVERABLE AREAS	ALL	\checkmark		\checkmark
AND ARTERIAL	FILLS WITH RECOVERABLE AREAS				\checkmark
SECO	NDARY	ADT OVER 1000	\checkmark		٨
AN FRON	ND ITAGE	ADT 1000 - 250		*√	√
RO	ROADS				√
URI	BAN	ALL			٨

* Exception - Bristol, Salem, and Staunton Districts. Traffic barriers are to be provided only at obvious needs such as bridges, large endwalls, parallel water hazards, etc., and fills where recommended at field inspection.

When fill slopes are 3:1 or flatter, a barrier is not required unless there are hazardous obstacles within the clear zone limits. This may include the clear runout area if the fill slope is between 3:1 and 4:1 (see Fig. A-2-4M).

Fixed a		Guardrail <u>Required</u>	
		YES	NO
1. 5	Sign Support (ground mounted): (A) Post of breakaway design (a)		x
	(B) Post not meeting breakaway criter	ia (b)(c)(d) X	
2. l	Lighting/Signal Poles and Towers (A) Breakaway design		х
	(B) Not meeting breakaway design (b))(c)(g)(h) X	
	Bridge parapet ends, piers and abutments a underpasses	t x	
4. F	Retaining walls and culvert headwalls	X	
5.	Trees with a diameter of 100 mm or greater	(e) X	
6. l	Utility Poles (f)		Х
7. /	Above ground utilities (telephone pedestals,	etc.) (i) X	
8. F	Rough rock cuts and large boulders	X	
	Streams or permanent bodies of water more 0.6 m deep (h)	e than X	

DETERMINING WARRANTS FOR ROADSIDE BARRIERS

(b)

Every effort should be made to convert non-breakaway to breakaway. Where these devices exist and cannot be converted to breakaway, relocated or removed, the choice of (c) guardrail should be in accordance with the deflection shown in Table A-3-2M.

Wood posts larger than 150 mm x 200 mm nominal size do not meet the breakaway requirements (d) even if drilled.

Every effort should be made to remove the tree rather than shield it with guardrail. (e)

Guardrail will not normally be used to shield a line of utility poles. However, where guardrails are used (f) in front of utility poles for other reasons, the choice of guardrail should be in accordance with the deflection shown in Table A-3-2M.

(g) Pedestal poles, except for those used for power supply, should be converted to breakaway standards where possible.

(h) A field review and evaluation should be made to determine if guardrail is suitable for protecting motorists from these roadside hazards.

Consideration should be given to placing utilities underground. (i)

BARRIER TYPE SELECTION

When it has been determined that a barrier is required, a determination must be made as to the type of barrier that is to be used. Although the process is complicated by the number of variables and the lack of objective criteria, there are guidelines that can be used in making a barrier system selection. In general, the most desirable system is one that offers the lowest accident severity at the least cost and is consistent with the given constraints.

The AASHTO <u>Roadside Design Guide</u> presents eight items which must be considered before a system selection is made. In taking all eight items into account, <u>the deflection, strength, and safety requirements</u> should never be compromised. Table A-3-2M groups the Standard types of guardrail by three systems: flexible, semi-rigid and rigid. The table includes barrier height, maximum dynamic deflection, minimum offset from hazardous object, post spacing, and typical terminal treatment for each Standard. The <u>Road and Bridge Standards</u> provide transition designs for use in various situations.

Deleted Information*

	VDOT STANDARD	BARRIER HEIGHT	MINIMUM OFFSET FROM HAZARD (MAXIMUM DYNAMIC DEFLECTION) (A)	POST SPACING	DIVIDED ROADWAY OR ONE-WAY TRAFFIC		UNDIVIDED ROADWAY OR TWO-WAY TRAFFIC	
BARRIER SYSTEM					RUN-ON TERMINAL END TREATMENT	RUN-OFF TERMINAL END TREATMENT (B)	RUN-ON TERMINAL END TREATMENT	RUN-OFF TERMINAL END TREATMENT
	GR-3	685 to 711	3.3	4.9	GR-3	GR-3	GR-3	GR-3
	GR-8	768 (J)	2.1	3.81	GR-6,7,9 (F)	GR-8, TY. II	GR-6,7,9 (C) (F)	GR-6,7,9 (C) (F)
FLEXIBLE (WEAK	GR-8A	768 (J)	1.5	1.905	GR-6,7,9 (F)	GR-8, TY. II	GR-6,7,9 (C) (F)	GR-6,7,9 (C) (F)
POST OR	GR-8B	768 (J)	1.2	0.952	GR-6,7,9 (F)	GR-8, TY. II	GR-6,7,9 (C) (F)	GR-6,7,9 <mark>(C) (F)</mark>
CABLE)	GR-8C	768 (J)	1.4	1.27	GR-6,7,9 (F)	GR-8, TY. II	GR-6,7,9 (C) (F)	GR-6,7,9 (C) (F)
	MB-5 (D)	768 (J)	2.1	3.81	GR-9 (I)	GR-9 (I)	N/A	N/A
	MB-5 (D)	768 (J)	1.5	1.905	GR-9 (I)	GR-9 (I)	N/A	N/A
	MB-5 (D)	768 (J)	1.2	0.952	GR-9 (I)	GR-9 (I)	N/A	N/A
SEMI-RIGID	GR-2	704 (J)(K)	0.9	1.905	GR-6,7,9 (F)	GR-11 (J)	GR-6,7,9 (F)	GR-6,7,9 (F)
(STRONG	GR-2A	704 (J)(K)	0.6	0.952	GR-6,7,9 (F)	GR-11 (J)	GR-6,7,9 (F)	GR-6,7,9 (F)
POST)	MB-3 (E)	704 (J)(K)	0.9	1.905	GR-9 (I)	GR-9 (I)	N/A	N/A
RIGID (CONCRETE BARRIER)	MB-7D, 7E 7F,12A, 12B, & 12C (H)	812	0	N/A	IMPACT ATTENUATOR (G)	N/A	IMPACT ATTENUATOR (G)	IMPACT ATTENUATOR (G)

TABLE A-3-2M

TYPICAL BARRIER/GUARDRAIL SELECTION AND PLACEMENT*

NOTES:

- (A) The deflection zone of all GR-2, 3 & 8 systems will be measured from the back of the post and must be totally clear of any hazards in order to assure that the system will perform as tested. MB-3 & MB-5 will be measured from the face of rail closest to hazard.
- (B) The noted terminal and treatments apply when the terminal is installed outside the clear zone of opposing traffic. If run-off terminal is installed within the clear zone of opposing traffic, see note (C).
- (C) A transition from weak post system to strong post system (terminal) must be provided in accordance with St'd. GR-INS drawings to protect opposing traffic from impacting the opposite end of the terminal when it falls within the clear zone.
- (D) For use in wide, flat medians (> 9.1m width).
- (E) For use in narrow medians (approximately 3.0m 9.1m width).
- (F) If more than a 61m of additional GR-2 is necessary to bury the end of the rail in the backslope (St'd. GR-6, terminal), use a St'd. GR-7 or GR-9 terminal. For St'd. GR-6 installations, St'd. GR-2 must be installed from the terminal to the beginning of the flare before introducing St'd. GR-8.
- (G) Concrete "turned down" terminals may be used for locations outside clear zone.
- (H) For use in medians 0-9.1m wide.
- (I) CAT-350 or Brakemaster-350 only. MB-5, 5A and 5B must be transitioned to MB-3 prior to terminal.
- (J) Vertical Height Tolerance for new installations, +/- 0.025m.
- (K) Absolute Minimum Vertical Height for existing GR-2 after overlay is 0.66m. (Maintenance projects only).

* Rev.7/09

GUARDRAIL INSTALLATION IN URBAN SETTINGS

In Urban settings with design speeds of 70 km/h or less that includes curb or curb and gutter, the use of guardrail is not recommended. Standard CG-2 or CG-6 (150 mm high curb) is usually used for design speeds of 70 km/h or less in urban and suburban areas and is referred to as "barrier curb" because it has a 150 mm vertical face and is intended to discourage motorists from deliberately leaving the roadway. Even when CG-3 or CG-7 (100 mm high mountable curb) is used in Urban settings, it is impractical to install guardrail in an attempt to protect pedestrians walking along sidewalks due to the lack of accessibility caused when placing guardrail and terminals adjacent to accessible routes.

When curbed sections <u>do not</u> include sidewalk or sidewalk space and hazards exist that warrant guardrail, St'd. GR-2 (Strong Post) guardrail (which includes a blockout) should be installed with the face of the rail aligned with the face of the curb. This decreases the possibility of an errant vehicle striking the curb before impacting the guardrail or from snagging the guardrail posts. If possible, to provide maximum offset, the guardrail should be placed 3.3m or more behind the curb for high speed (80 km/h or more) roadways and 1.8m or more behind the curb for low speed (72 km/h or less) roadways. The guardrail height when placed at the curb is measured from the roadway surface. When offset from the curb, it is measured from the rail. St'd. GR-8 (Weak Post) guardrail <u>should not be used</u> adjacent to asphalt or concrete curb.

Sometimes hazards that need to be shielded exist on urban projects with sidewalk/sidewalk space. In situations like this, guardrail can be placed behind the sidewalk/sidewalk space^{*} and in front of the hazard. Examples of such hazards are ponds, steep embankments, etc. When these situations arise, sound engineering judgment should be used in deciding whether/where to place the guardrail. If the hazard is within the clear zone, a barrier would be warranted. The hazards that are outside the clear zone are the items that require an engineering decision based on evaluation of all the elements within the design site.

When a sidewalk or shared-use path transitions from the roadway onto a bridge, guardrail is required if the travelway and the sidewalk or shared-use path are separated by a barrier on the bridge See detail in RDM, Appendix A, Section A-5 for shared-use paths and IIM-LD-55 for sidewalks.

GUARDRAIL LOCATIONS ON FIELD INSPECTION PLANS

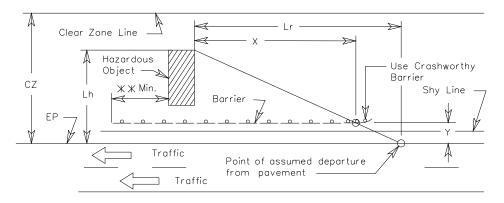
The approximate locations of barriers should be shown on Preliminary Field Inspection plans and discussed at the Preliminary Field Inspection. If the locations are not shown, the type, terminals, and placement should be generally discussed. Maintenance of areas protected by barriers should also be discussed at this time.

^{*} Rev. 1/10

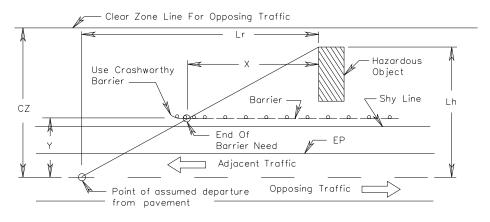
DETERMINING LOCATION OF THE ENDS OF GUARDRAIL

Figure A-3-1M and Table A-3-3M give a method to determine the location of the end of guardrail systems. Appropriate terminals shall be placed at this point.

FIGURE A-3-1M - BARRIER LENGTH OF NEED DETERMINATION Condition showing hazard for adjacent traffic



Condition showing hazard for opposing traffic



$$X = (1 - Y/_{Lh}) Lr$$

X = Length of Need	** = 7.6 m for GR-2
CZ = Clear Zone Width	= 3.8 m for GR-2A
Lh Max. = CZ	= 7.6 m plus a Type II for GR-8
Lr = Runout length (See table A-3-3M)	= 0.3 m for MB-7C
LS = Shyline	

	DE		FLARE RATE					
DESIGN SPEED	OVER 6000 2000-6000 800-2000 UNDER 800				SHY*	BEYOND SHY LINE		INSIDE SHY LINE
	RUNOUT LENGTH	RUNOUT LENGTH	RUNOUT LENGTH	RUNOUT LENGTH	LINE (m)	GR-2, 3 & 8	MB-7D, 7E, 7F, 12A,	ALL
(km/h)	Lr (m)	Lr (m)	Lr (m)	Lr (m)		MB-3	12B & 12C	
110	145	135	120	110	2.8	15:1	20:1	30:1
100	130	120	105	100	2.4	14:1	18:1	26:1
90	110	105	95	85	2.2	12:1	16:1	24:1
80	100	90	80	75	2.0	11:1	14:1	21:1
70	80	75	65	60	1.7	10:1	12:1	18:1
60	70	60	55	50	1.4	8:1	10:1	16:1
50	50	50	45	40	1.1	7:1	8:1	13:1

DESIGN PARAMETERS FOR ROADSIDE BARRIER LAYOUT

• Shy line is measured from the adjacent edge of pavement and is a distance beyond which a roadside object will not be perceived as a threat by a driver. In other words, a driver will not react to an object beyond the shy line offset. If possible, the roadside barrier should be placed beyond the shy line offset.

Source: The 2006^{*} Roadside Design Guide Tables 5.5, 5.7 & 5.8.

TABLE A-3-3M

SLOPES FOR APPROACH BARRIERS

As a general rule, a roadside barrier should not be placed on an embankment if the slope of the embankment is steeper than 10:1; however, in special cases, such as "barn roof" ("recoverable area") slopes, it is acceptable to place semi-rigid barrier on slopes as steep as 6:1. When semi-rigid barrier is used on 6:1 slopes, a 3.0 m rounding should be included between the shoulder and slope. Where it is not feasible for the entire graded median in the area of the hazard to be on a 10:1 slope, an acceptable alternative is to provide the 10:1 slope between the edge of pavement and the approach barrier (See Fig. A-3-2M). A clear run-out path should also be provided behind the terminal.

When recoverable areas are less than 4.3 m in width and guardrail is required, the guardrail is to be placed on a fill with guardrail (W/GR) shoulder and the recoverable area is not to be provided. Although not encouraged, guardrail is permitted on 6:1 slopes if located beyond 3.6 m of the shoulder hinge point.

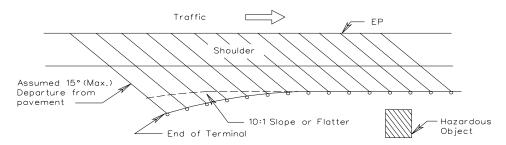


FIGURE A-3-2M - SUGGESTED SLOPES FOR APPROACH BARRIERS FIXED OBJECTS WITHIN DEFLECTION AREA

* Rev. 1/10

<u>No fixed objects</u>, regardless of their distances from the edge-of-pavement, will be allowed <u>within</u> the deflection zone of the guardrail system to assure that the barrier system will perform as designed. This will include overhead sign supports, walls, drainage structures, bridge piers, signal supports, utility poles, trees, etc. Additionally, the deflection zone must be free of breakaway signs, signals, and luminaire supports since their performance when struck by deflecting guardrail is unknown and untested. If a sign or luminaire support <u>must</u> remain within the deflection zone, it must be a breakaway design.

When it is impractical to locate these obstacles outside of the deflection zone of a particular type of guardrail (e.g., GR-8 = 2.1 m, GR-8B = 1.2 m), it will be necessary to strengthen the guardrail to decrease deflection or use a different type of guardrail or barrier which has less deflection so the object is shielded within the clear zone.

Methods of stiffening the rail include decreasing post spacing and double nesting of rail elements. Each stiffening method typically halves the deflection. The stiffening method should begin 5.4 m in advance of the hazard and continue at least to the end of the hazard. Plans fitting these criteria are to be submitted to the Standards/Special Design Section^{*} for review, approval, and details.

Table A-3-2M (Typical Barrier/Guardrail Selection and Placement) specifies the minimum offset distance required from "hazardous objects" to meet deflection requirements of the different types of barrier systems.

FIXED OBJECT ATTACHMENT/TRANSITIONS POLICY

A transition section is needed where flexible (weak-post) roadside guardrail must join a rigid bridge railing, concrete barrier, retaining wall, etc. The transition design produces a gradual stiffening of the overall approach protection system so vehicular pocketing, snagging, or penetration can be reduced or avoided at any position along the transition.

A transition is also needed when a GR-6, GR-7, or GR-9 terminal is used on the run-off end of a flexible (weak-post) guardrail system on undivided roadways with two-way traffic to protect opposing traffic from impacting the opposite end of the terminal. The <u>Road and Bridge</u> <u>Standards</u> include details on guardrail transitions.

A rub rail is provided in Standards GR-FOA-1, -2, and -4 to help prevent potential vehicular snagging at the immediate upstream end of the rigid bridge railing. The rub rail is not necessary on the Special Design GR-FOA-3 as it is attached to a flared terminal wall that has a transitioned face to prevent snagging. Special Design GR-FOA-3 will be retained for use only on bridges that have been designed with the flared terminal wall.

^{*} Rev. 7/07

ENTRANCES OR CONNECTIONS ADJACENT TO A BRIDGE

When entrances or connections cannot be relocated or eliminated and are located adjacent to a bridge on low-volume rural roads or in areas with dense entrance locations, may be*necessary to install radial guardrail around the entrances or connections. Plans fitting this criteria are to be submitted to the Standards/Special Design Section for review, approval and details.

GUARDRAIL OVER CULVERT IN FILLS

Standard GR-10, Type I, II or III, is the preferred method of installing guardrail over culverts where fills are less than 1090 mm above the culvert top slab.

Type I is adaptable to culverts with a perpendicular width of 3.2 m or less. A 7.6 m section is used with the rail doubled and one post omitted. Type II is adaptable to culverts with a perpendicular width of 5.1 m. A length of 11.4 m is used with the rail doubled and two posts omitted. Type III is for use with a perpendicular width of 7 m. A length of 30.5 m is used with the rail doubled and three posts omitted.

In situations where the use of Standard GR-10 is not feasible, an allowable alternative may be the TEXAS T-6 (BGR-01) for speeds \leq 70 km/h.

SHORT GAPS

Short gaps between barrier installations should be avoided. When the areas of concern are less than 60 m apart, the barrier protection shall be made continuous.

PONDS OR OTHER BODIES OF WATER

Barrier is to be constructed on all functional classifications at ponds or other bodies of water over 0.6 m in depth.

TERMINAL REQUIREMENTS

Guardrail/barrier terminals are to be provided for <u>all</u> installations regardless of "Functional Classification". Terminals develop the necessary tension at the end of the system in order to redirect a vehicle and, if hit, minimize the damage to a vehicle and its occupants. The termini of guardrail/barrier must be designed and located so there are no exposed rail element ends within the clear zone that a vehicle could impact.

(1) Flexible (Weak Post or Cable) Guardrail Installations -

Cable guardrail should normally be used <u>only</u> on Limited Access projects that provide "Recoverable Areas" exceeding 4.3 m in width. Cable guardrail should be introduced when the height of fill slopes exceeds 6.0 m. This height is based on the hinge point between 6:1 slopes and 2:1 slopes. If the introduction of cable guardrail is in close proximity to an adequate cut section, it should be extended and terminated in the back slope of the cut ditch. (Use 15:1 transition for Design Speeds of 110 km/h or 13:1 transition for Design Speeds of 100 km/h or less). Standard GR-3 (Cable Guardrail) is terminated on both the run-on and run-off ends with an anchor assembly as detailed in St'd. GR-3.

When using GR-8 Weak Post Guardrail, the preferable run-on terminal is St'd. GR-6 which buries the end of the guardrail into a cut slope and anchors the terminal with a concrete block. This terminal treatment requires enough right of way to extend the guardrail a minimum of 3.8 m beyond the ditch line. The guardrail should terminate a minimum of 300 mm below the ground elevation of the backslope. The rail preceding the GR-6 terminal is to maintain a consistent height (760 mm) from the ground elevation to the top of the rail to prevent errant vehicles from impacting at an improper height. A total length of St'd. GR-8 Weak Post Guardrail based on the appropriate flare for the design speed shown on the standard drawing should be used adjacent to the St'd. GR-6 terminal. If more than a 60 m extension of St'd. GR-8 guardrail is necessary to tie into the slope with a Std. GR-6 terminal, it would not be cost effective. If the GR-8, Type II, terminal installation is not feasible, a St'd. GR-7 (Breakaway Cable Terminal) or GR-9 (Strong Post Alternate Breakaway Cable Terminal) including appropriate transitions should be used.

For run-off terminal treatment with St'd. GR-8 (weak post guardrail), the St'd. GR-8, Type II terminal is acceptable <u>only for divided roadways or one-way traffic</u> situations. When two-way traffic on an undivided facility would introduce the possibility of opposing traffic impacting an intended run-off terminal for another lane, a GR-6, 7, or GR-9 terminal must be used. Because the possibility would then exist for opposing traffic to impact the opposite end of the terminal, a transition (in accordance with the <u>Road and Bridge Standards</u>) must be used to join the St'd. GR-6, 7 or GR-9 terminal and the weak post guardrail system (GR-8) to minimize any possible impacts.

(2) Semi-Rigid (Strong Post) Guardrail Installations -

With Standard GR-2 (Strong Post Guardrail), the preferred run-on terminal treatment on divided and undivided roadways is to bury the end of the guardrail into a cut slope, using St'd. GR-6 terminal, even if the guardrail must be extended 60 m to accomplish this. If more than a 60 m extension of St'd. GR-2 (Strong Post Guardrail) is necessary to tie a St'd. GR-6 terminal into the back slope, cost-effectiveness would justify use of a St'd. GR-7 (Breakaway Cable Terminal) or GR-9 (Alternate Breakaway Cable Terminal). Run-off terminals for use with undivided roadways with two-way traffic are handled in the same manner. However, for the run-off terminal on a divided roadway or with one-way traffic, a W-Beam End Section treatment in accordance with St'd. GR-HDW details is sufficient to terminate the St'd. GR-2.

(3) Rigid (Concrete Barrier) Installations -

St'd. MB-7D, 7E, 7F, 12A, 12B and 12C Concrete Median Barriers are considered rigid installations, thus requiring special attention to the terminal treatment to minimize the hazard if impacted. For run-on treatment outside the clear zone and all run-off treatment, a concrete turned down terminal can be used to terminate concrete barrier.

A Standard Insertable Sheet is available in the CADD Insertable Sheet directory for a 3.6 m section of the turned down terminal. A special design Impact Attenuator must be requested for all sites within the clear zone where concrete median barrier must be terminated.

TERMINAL INSTALLATION

(1) GR-8, Type II, Terminal Treatment Installation:

The St'd. GR-8, Type II, terminal is used only as a means of anchoring the run-off end of GR-8 (Weak Post) guardrail on divided or one-way roadways when installed outside the clear zone for opposing traffic. The guardrail is to be flush with the concrete anchor throughout the length of the anchor assembly in order for the installation to function properly without shearing the bolts.

(2) GR-6 Terminal Treatment Installation:

The St'd. GR-6 terminal is used as a means of terminating run-on or run-off ends of St'd. GR-2 or GR-8 guardrail on divided or undivided roadways by burying the end of the guardrail into the cut slope.

(3) GR-7 Breakaway Cable Terminal Installation:

When using the St'd. GR-7 terminals on standard shoulders, the <u>1.2 m flare</u> as specified in the standard drawing or manufacturer's specifications must be provided for the installation to function as tested. This is considered essential to proper performance for end-on impacts to eliminate the potential of spearing. In consideration of the 1.2 m flare requirement to construct the terminal treatment for St'd. GR-7, the shoulder in the terminal area must be widened sufficiently to accommodate site preparation for the terminal. The terminal should be located, or the barrier may need to be extended as needed, to provide a clear run-out path behind the terminal.

On bridge replacement projects and other projects (involving guardrail updates) on which existing shoulders are of insufficient width and for which there are no provisions for widening such shoulders, additional fill material is required to be placed to ensure that the flare can be correctly installed. Typical installation details are shown in Standard GR-7^{*} with a tabulation of the applicable widths. (Projects with paved shoulders - Details are shown on Standard MC-4).

When this situation occurs for the GR-7 terminals on projects without normal grading operations, a pay item [Guardrail Terminal site preparation (GR-) - Item Code 13349 with pay unit of Each] is to be used to cover the required embankment, benching and reseeding.

(A Special Provision Copied Note is available for use in contracts involving this pay item.)

New construction projects provide the necessary shoulder widening for the required guardrail terminals; therefore, the separate pay item for site preparation is not applicable.

(4) GR-9 Alternate Breakaway Cable Terminal Installation:

If the 1.2 m offset cannot be achieved to properly install the Standard GR-7 terminal, evaluate using a St'd. GR-9 or request a special design terminal treatment from the Standards/Special Design Section. The GR-9 terminal treatment should only be used after an analysis including additional right of way costs indicates it is more cost effective than providing the proper site preparation to install a St'd. GR-7 or to extend the guardrail (60 m maximum) to provide a St'd. GR-6 terminal.

^{*} Rev. 1/10

The GR-9 terminal is intended solely for use on the end of a w-beam installation with no flare. The guardrail is anchored in a manner similar to the standard breakaway cable terminal and redirects side-impacting vehicles. For an "end-on" hit, the terminal essentially flattens and slides backward, absorbing crash energy.

The total length of the terminal is 15.2 m. The length of need begins 3.8 m from the first post. The maximum deflection for the terminal along the length of need is 1.2 m. For GR-9 installations used to terminate GR-8 (weak post guardrail), an additional 15.2 m transition of St'd. GR-2 (wood posts only) is required.

(5) W-Beam End Section Installation:

For <u>run-off</u> treatment on a divided or one-way roadway, St'd. GR-2 (Strong Post) guardrail can be terminated with a W-Beam End Section in accordance with the Standard GR-HDW details as long as the installation is outside the clear zone for opposing traffic. The "flared" or "rounded" treatment may be used if installed outside the clear zone for opposing traffic. Payment is length of St'd. GR-2 guardrail.

IMPACT ATTENUATORS (CRASH CUSHIONS)

During the preliminary design stages for new construction and for rehabilitation or reconstruction of existing highways, the need for and space requirements of crash cushions to shield non-removable fixed objects should be considered. This will ensure compatibility with the final design and the crash cushion that is to be installed. Since these devices are expensive to install and maintain, the hazard must be studied to determine if elimination is possible or its inherent hazard potential can be economically reduced to tolerable limits by less drastic safety treatments, such as guardrail, breakaway supports, set-back, safety shape, etc. Present procedure requires that the proposed site be selected by the roadway designer and reviewed by the Standards/Special Design Section^{*} for the type of crash cushion to be used. When requesting the review and installation details from the Standards/Special Design Section, submit a print of the plans with a transmittal slip giving the UPC number, activity number, roadway design speed and advertisement date. In no case will attenuation devices be designed for placement behind curbed locations. For additional data, refer to the AASHTO's <u>Roadside Design Guide</u>.

In 1993 the National Cooperative Highway Research Program (NCHRP) published NCHRP Report 350. As a result of that report the FHWA issued a requirement that all permanent safety hardware systems included in Federal Aid projects after August 1998 meet NCHRP 350. VDOT extended that requirement to include state funded projects as well.

Devices subjected to traffic speeds greater than 70 km/h must meet NCHRP 350 Test Level 3.

^{*} Rev. 7/07

Devices subjected to traffic speeds of 70 km/h and less must meet NCHRP 350 Test Level 2.

For a list of approved devices see <u>Instructional and Informational Memorandum</u> LD-222.

Fixed roadside hazards vary in size and shape, and in the degree of danger they present. The traffic passing by varies as well in volume, speed and density. For these reasons a selection from various types of crash cushions can be designed to meet the special requirements of a particular hazard site.

Figure A-3-3M suggests the area that should be made available for crash cushion installation. Although it depicts a gore location, the same recommendations will generally apply to other types of fixed object hazards that require shielding. The unrestricted conditions represent the minimum dimensions for all locations except for those sites where it can be demonstrated that the increased costs for obtaining these dimensions (as opposed to those for restricted conditions) will be unreasonable. The preferred condition dimensions should be considered optimum. The space provided by these dimensions will seldom be fully used by a crash cushion. These dimensions are recommended so there will be additional space available should experience dictate the need for a device capable of slowing larger vehicles than originally considered or for producing lower deceleration forces. In the meantime, the unoccupied space provides valuable motorist recovery area. Site conditions may dictate the type of attenuator needed. For example, fixed objects such as barrier ends which are less than 1 meter wide should be shielded by a narrow crash cushion. Similarly, wide hazards, e.g., those greater than 4.9 meters, can be effectively shielded best a wide impact attenuator or approved sand barrier arrays.

These dimensions are recommended so there will be additional space available should experience dictate the need for a device capable of slowing larger vehicles than originally considered or for producing lower deceleration forces. In the meantime, the unoccupied space provides valuable motorist recovery area. Site conditions may dictate the type of attenuator needed. For example, fixed objects such as barrier ends which are less than 3 feet wide should be shielded by a narrow crash cushion. Similarly, wide hazards, e.g., those greater than 3 feet, can be effectively shielded best by a wide impact attenuator or approved sand barrier arrays.

	Dimensions for Crash Cushion, Reserve Area (meters)									
Design Speed on Main line			Deeferred							
(km/h)	Restric	ted Conditi	ons	Unrestricted Conditions			Preferred			
	Ν	L	F	Ν	L	F	Ν	L	F	
50	2	2.5	0.5	2.5	3.5	1	3.5	5	1.5	
80	2	5	0.5	2.5	7.5	1	3.5	10	1.5	
110	2	8.5	0.5	2.5	13.5	1	3.5	17	1.5	
130	2	11	0.5	2.5	17	1	3.5	21	1.5	

Source: The errata August 2001-February 2003 of the 2002 AASHTO Roadside Design Guide*.

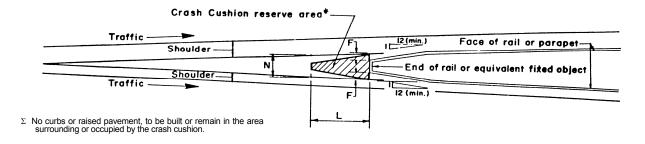


FIGURE A-3-3M

Source: The 1988 AASHTO Roadside Design Guide.

BRIDGES

When the proposed design calls for the utilization of an existing bridge having the older type parapet walls or rails, an appropriate detail showing the "Recommended Method for Attaching Guardrail to Bridge Rails" is to be obtained from the <u>Standards/Special Design</u> <u>Section</u>*for inclusion in plans. Prints of the existing bridge rail should accompany the request. The method of measurement and basis of payment is for "Special Design Guardrail Bridge Attachment, (B or Str. No.), Lump Sum" which price bid shall include all materials, labor, tools, equipment, and incidentals necessary to complete the work connecting all segments of rail to <u>one</u> bridge.

When the use of guardrail on depressed medians is being planned to shield bridge piers, the designer should also consider the use of a <u>Special Design</u> Impact Attenuator Bull Nose Barrier. This design has been used for several years with excellent performance. The design utilizes a 1.5 m radius W-beam guardrail and wooden breakaway posts; therefore, a 3.0 m wide median would be the minimum. A similar design of the "Bull Nose Barrier" is shown in the AASHTO <u>Roadside Design Guide</u>. (Pay Item - Bull Nose Barrier-Each - Computer Est. No. 13601.) Installation layout details will be furnished by the <u>Standards/Special Design Section</u> for each Bull Nose Barrier location for inclusion in the plans. Bull nose barriers must not be used behind or on top of curbs or raised medians.

SECONDARY PROJECTS

See Section A-1-Geometric Standards (Metric), GS-3, GS-4, GS-7 and GS-8 for additional widths to be added to the normal shoulders on secondary roads when guardrail is required.

SAFETY/MAINTENANCE PROJECTS

When developing details for a Safety or Maintenance project, care must be taken to ensure proper barrier installation/maintenance/replacement to upgrade any outdated locations. There may be locations on a project where the guardrail has not been hit, but the installation may not be the safest that can <u>currently</u> be provided if an errant vehicle impacted the guardrail. Attention should be given to the following factors in evaluating these locations:

- (1) Location of barrier:
 - relative to hazard
 - relative to pavement
 - relative to shoulder break point

- relative to fixed objects (such as bridges); face of guardrail should be aligned with bridge rail, not closer to the roadway

(2) Type of guardrail used (Strong Post or Weak Post):
 - no longer use Weak Post guardrail adjacent to curb

^{*} Rev. 7/07

- cable guardrail normally used only on Limited Access facility with recoverable area exceeding 4.3 m

- sufficient space for maximum deflection for type used
- (3) Terminals (need, type, proper installation, etc.):
 - end treatment needed on both ends of a run of barrier
 - terminals used with strong post guardrail
 - terminals used for run-on treatment with weak post guardrail
 - terminal treatment used as anchor for run-off end of weak post guardrail when not subject to two-way traffic
 - proper flare, anchor, post placement for terminal to effectively decrease damage caused to impacting vehicle
 - substandard terminals such as GR-5 (old turndown terminal), old standard GR-7 (those with 0.6 m diameter concrete footings for first two posts), etc., should be replaced with approved terminals.
 - at bridges/walls, guardrail terminals should not be located closer to the roadway than the bridge rail or wall (fixed object attachment should be installed instead of separate units)
- (4) Shoulder width and site preparation:
 - provide sufficient width for site preparation
 - provide additional fill if necessary for proper flare installation
 - provide clear run-out area behind terminal installation
- (5) Fixed object attachments:
 - proper attachments to fixed objects (such as bridges/walls) to reduce possibility of snagging vehicles that impact the attachment
 - align guardrail with face of bridge rail so that the end of the bridge with the fixed object attachment will not become an additional hazard
 - include proper transition to gradually stiffen the overall approach

SECTION A-4M-VIRGINIA RRR GUIDELINES

OBJECTIVE

The objective of the Virginia RRR Guidelines is to provide guidance in the selection of projects where, with minimal improvements, the service life of the existing highway can be extended for a fraction of the cost of complete reconstruction.

Resurfacing, restoration, and rehabilitation (RRR) projects primarily involve work on an existing roadway surface and/or subsurface. In addition to extending the service life of the roadway, the purpose of RRR projects includes providing additional pavement strength, restoring or improving the existing cross section, decreasing noise characteristics, improving the ride of the roadway, improving bridges, and enhancing safety through the implementation of appropriate safety improvements, bridge improvements and preventive maintenance of bridges on appropriate Federal-aid roadways. Highway Bridge Replacement and Rehabilitation Program (HBRRP) Funds may be utilized for preventative maintenance (PM) for the purpose of system preservation activities on Federal-aid roadways except for those classified as local roads or rural minor collectors. Routine maintenance remains the responsibility of VDOT and/or locality.*

Section 309 of the National Highway System Designation Act of 1995 (23 USC 116) states: "A preventive maintenance activity shall be eligible for Federal assistance under this title if the State demonstrates through the use of a systematic process, such as a Bridge Management System, to the satisfaction of the Secretary that the activity is a cost-effective means of extending the useful life of a Federal-aid highway."

The scope of a RRR project is influenced by many factors. Factors include roadside conditions, environmental concerns, changing traffic and land use patterns, surface deterioration rate, accident rates, funding constraints and scenic/historic areas.

Although RRR type improvements are normally accomplished within the existing right of way, the acquisition of additional right of way may be necessary. Horizontal and vertical alignment modifications, when required, are generally minor.

AUTHORITY

The Transportation Research Board's <u>Special Report 214</u>, <u>Designing Safer Roads</u>, <u>Practices for Resurfacing</u>, <u>Restoration</u>, <u>and Rehabilitation</u>, <u>1987</u>, was the result of a study on safety cost-effectiveness of highway geometric design standards for RRR projects. Virginia has developed and adopted this guideline for non-NHS RRR projects.

^{*} Rev. 1/06

Reconstruction under AASHTO design guidelines should be proposed on these projects <u>only</u> when the preliminary study report documents either;

- 1. The needed improvement is ineligible for development under the RRR concept. or
- 2. Extenuating circumstances preclude the use of the RRR Design concept.

Virginia RRR Guidelines may be utilized in improvements to urban streets for which the localities receive maintenance payments.

DEFINITIONS

These definitions apply to RRR projects and are not an attempt to be all-inclusive of other related activities.

<u>Maintenance</u> - This work is directed toward preservation of the existing roadway and related appurtenances as necessary for safe and efficient operation. Design improvements are not normally the intent of maintenance operations. Seal coats, overlays less than 18 mm thick, crack sealing, etc., are considered maintenance items, and are not RRR activities.

<u>Resurfacing</u> - The addition of a layer, or layers, of paving material to provide additional structural integrity or improved serviceability and rideability.

<u>Restoration</u> - Work performed on pavement, or bridge decks, to render them suitable for an additional stage of construction. This may include supplementing the existing roadway by increasing surfacing and paving courses to provide structural capability, and widening up to a total of 3 meters. Restoration will generally be performed within the existing right of way.

<u>Rehabilitation</u> - Similar to "Restoration", except the work may include restoring structural integrity or correcting major safety defects of bridges, reworking or strengthening the base or subbase, recycling or reworking existing materials to improve their structural integrity, adding underdrains, improving or widening shoulders, and shifts in both vertical and horizontal alignment. Rehabilitation may require acquisition of additional right of way.

Deleted Information*

^{*} Rev. 7/09

<u>Reconstruction</u> - This type of project is not considered RRR activity. A reconstruction project is designed in accordance with AASHTO design guidelines for new and major reconstruction projects and may include significant changes in cross section and shifts in both vertical and horizontal alignment. Reconstruction may require acquisition of additional right of way and may include all items of work usually associated with new construction.

PROJECT SELECTION

Projects are identified and selected based on a variety of factors with the pavement condition and environmental impact being of utmost importance. The pavement condition itself will not have a significant effect on the extent of geometric improvements included in the project. Geometric improvements will be initiated to fulfill traffic

Logical project termini are to be set; and, at no time, are project exceptions for segments of roadway or bridge, etc., to be established within the project termini due to excessive cost to provide the required improvements.

ELIGIBILITY

Improvements to Existing Roadway*:

Eligible Items of Work *

- . Minor alterations to vertical and/or horizontal alignment.
- . Minor lane and/or shoulder widening.
- . Pavement structure and joint repair.
- . Resurfacing (non-maintenance activities).
- . Removal or protection of roadside obstacles.
- . Repairs to restore bridge structural integrity, installation of deck protective systems and upgrading substandard bridge rail.
- Culvert Extensions.

Repair or replace culverts.

Restoration & relocation of curbs and gutters, raised medians, storm sewers, and other urban type improvements.

* Some RRR-type projects may be funded with either regular Federal-aid or separate categorical aid.

^{*} Rev. 1/06

Examples:

Bridge rehabilitation project - RRR funding or the bridge replacement and rehabilitation program.

Roadside hazard removal and guardrail installation - RRR funding or hazard elimination program funds.

Ineligible Items of Work

National Highway System (NHS). However some projects may be eligible, see "PREVENTIVE MAINTENANCE (PM) PROJECTS / RRR PROJECTS UTILIZING FEDERAL FUNDING ON NATIONAL HIGHWAY SYSTEM (NHS) ROADWAYS" at the end of Section 4-A for guidelines.*

New or additional through lanes.

New curbs and gutters, raised medians, storm sewers, and other new urban type improvements.

ACCIDENT RECORDS

Evaluation of accident records often reveals problems requiring special attention. In addition, relative accident rates can be an important factor in establishing both the priority and the scope of RRR projects.

The Residency Administrator or Project Manager should request from the Traffic Engineering Division that the accident history for the project area be compiled and compared to the statewide average accident rate for the same type of road. This data review is integral part of the RRR project development process so that feasible safety modifications should incorporated into the project as necessary.

The accident analysis should be completed prior to the Initial Field Review.

BRIDGE REHABILITATION OR REPLACEMENT SELECTION POLICY

Existing bridges shall be evaluated and the necessary work shall be determined in accordance with the following provisions:

Bridges with overall deck area exceeding 1860 square meters shall be evaluated and any necessary work shall be determined by the Structure and Bridge Engineer on a case-by-case basis.

All other bridges shall be replaced, rehabilitated, or allowed to remain in existing condition in accordance with the following:

^{*} Rev. 7/10

- (1) Bridges shall be replaced under any one or more of the following conditions unless otherwise approved by the Structure and Bridge Engineer. The new replacement structure shall meet the current requirements of the Virginia Department of Transportation's <u>Road and Bridge Standards</u>. RRR guidelines may only be used for the total replacement of a bridge when the 15-year traffic projection is 750 vehicles per day or less.*
 - a) If the estimated cost for rehabilitating the existing structure exceeds 65% of the estimated cost of a new structure.
 - b) If the existing or rehabilitated structure is overstressed under the loading specified in the AASHTO Manual for Maintenance Inspection of Bridges (i.e., if the bridge is to be posted for less than the legal load).
 - c) If the usable width of the existing or the rehabilitated bridge will be less than the minimum acceptable values for usable width of bridges on RRR projects shown in the table below, and it is not economically feasible to provide that width.
- (2) Bridges shall be rehabilitated as required or remain in the existing condition, if conditions in A, B, or C above do not prevail. The usable width of the existing or the rehabilitated bridge shall meet or exceed the minimum acceptable values for usable width of bridges on RRR projects shown in the Table hereinafter.

^{*} Rev. 7/06

MINIMUM BRIDGE WIDTHS ON RRR PROJECTS SHALL BE AS FOLLOWS:

DESIGN YEAR VOLUME ADT	* USABLE BRIDGE WIDTH (FACE-TO-FACE OF CURB) (METERS)
0 - 750	WIDTH OF APPROACH LANES
751 - 2000	WIDTH OF APPROACH LANES + 0.6 m
2001 - 4000	WIDTH OF APPROACH LANES + 1.2 m
OVER 4000	WIDTH OF APPROACH LANES + 1.8 m

Source: See Transportation Research Board (TRB) "Practices for Resurfacing, Restoration and Rehabilitation - Special Report 214.*

- NOTE: See DRAINAGE DESIGN ELEMENTS (page A-58 Metric) Bridge Restoration and Bridge Rehabilitation for hydraulic conditions that are to be evaluated.
- * If lane widening is planned as part of the RRR project, the usable bridge width should be compared with the planned width of the approaches after they are widened.

ENVIRONMENTAL CONSIDERATIONS

An environmental evaluation and documentation thereof, is required on all RRR Federal participation projects in accordance with current guidelines.

Prints are transmitted to the Environmental Engineer via Form LD-252.

ACCESS CONTROL

Generally, a RRR project will not be designated as a limited access highway due to the project being along an existing corridor with access provided to adjoining properties.

The elimination of existing access to properties is beyond the scope of work for RRR projects.

Existing limited access roadways may qualify as a RRR project.

^{*} Rev. 1/07

PROJECT DEVELOPMENT

It is desirable that these projects be designed to meet the standards for new construction. If meeting these standards is not practical, due to limited funding, right of way and/or environmental restrictions, etc., improvements in roadway widths should still be considered.

The minimum roadway and travelway widths are shown under GEOMETRIC DESIGN CRITERIA, TABLE A-4-1M. Lane and shoulder width requirements are provided for roadways with 10% or more trucks and for roadways with less than 10% trucks.

The design should not decrease the existing geometrics. Widths selected should be consistent throughout a given section. Minor lane and shoulder widening is acceptable. While additional new continuous traffic lanes are an ineligible type of work, the existing pavement may be widened up to a total of 3 meters.

ROADWAY AND TRAVELWAY WIDTHS

Wide lanes and shoulders provide motorists with increased separation between overtaking and meeting vehicles and an opportunity for safe recovery of vehicles leaving the road.

Additional safety benefits include reduced interruption of the traffic flow as the result of emergency stopping and road maintenance activities, less pavement and shoulder damage at the lane edge, and improved sight distance for horizontal curves.

FUNCTIONAL CLASSIFICATION

The highway system in Virginia has been functionally classified as Principal Arterial, Minor Arterial, Collector and Local Service. The American Association of State Highway and Transportation Officials (AASHTO) utilizes, as presented in the publication: <u>A Policy on Geometric Design of Highways and Streets</u>, referred to as <u>The AASHTO Book</u>, a similar functional classification system. The designations used are: Freeway, Arterial, Collector, and Local Roads and Streets. Relationships between these two classification systems have been generally developed. Principal and Minor Arterial Highways provide direct service between cities and larger towns and are high speed, high volume facilities. Collector highways serve small towns directly, connecting them and local roads to the arterial system. Any questions concerning the functional classification of any transportation facility should be addressed to the State Transportation Planning Engineer.

DESIGN TRAFFIC VOLUMES

Traffic projections should be checked to assure that:

The anticipated traffic being used is correct and that the roadway and travelway needs will be properly accommodated for the service life of the improvement.

The project service life for RRR projects should be from 8 to 12 years.

Turning movements are obtained at signalized and problem intersections and at major traffic generators.

Future traffic generators that are anticipated to be established during the service life should be considered.

DESIGN SPEED

The design speed designated for a RRR project should be logical with respect to the character of terrain and type of highway and should be as high as practicable.

It is also important to consider the geometric conditions of adjacent sections of roadway when considering a RRR project. A uniform design speed should be maintained for a significant section of highway.

The design speed is a determining factor for required land and shoulder widths.

The following two methods may be used to determine the project design speed:

- (1) Select an overall project design speed that equals or exceeds the posted or regulatory speed on the section of highway being improved.
- (2) The average running speed throughout the project based on the "low volume" off peak hour traffic.

Average running speed is the speed of a vehicle over a specified section of highway, being the distance traveled divided by the running time (the time the vehicle is in motion).

An equivalent average running speed can be obtained on an existing facility where flow is reasonably continuous by measuring the spot speed.

The average spot speed is the arithmetic mean of the speeds of all traffic at a specified point.

For short sections of highway on which speed characteristics do not vary materially, the average spot speed may be considered as being representative of the average running speed.

On longer stretches of rural highway, spot speeds <u>measured at several</u> <u>points</u>, where each represents the speed characteristics pertinent to a selected segment of highway, may be averaged (taking relative lengths into account) to represent the average running speed.

TERRAIN

Terrain is a significant factor which must be given strong consideration when establishing design criteria for a highway project. High design speeds (80 km/h and greater) can generally be achieved on flat terrain, and lower design speeds (60 km/h and lower) are generally dictated by rolling and mountainous terrain, (depending upon road classification). Intermediate design speeds are determined by a combination of these factors.

While terrain is an important factor to be considered when designing a new project, RRR projects must be designed considering all existing constraints, and held within RRR parameters. That is to say that eligible RRR elements, due to terrain and other constraints upon the original design, may not allow the desired speed and safety enhancements.

SAFETY

All safety elements of the project are to be given specific consideration. Accidents, accident types, and accident rates for the project length shall be examined and documented.

The documentation may indicate deficiencies in one or more of the following areas, however, each should be examined:

Horizontal and vertical alignment Cross-sectional geometrics Traffic control Access Railroad crossings Pedestrian facilities Bridges that remain in place Illumination Signing Channelization Intersections Pavement edge drop offs Pavement surface condition Maintenance of traffic Bicycle facilities Improvements to the roadway surface may result in increased operating speeds. Geometrics should be examined and modified, if necessary, to maintain an acceptable level of operational safety.

Horizontal and vertical curvature and stopping sight distance are directly related to the speed of vehicles and major deviations from the desirable design may cause serious problems. These geometric characteristics can be the most difficult and costly to improve. Although every sight distance restriction can create a potential hazard, improvement on that basis alone may not be practical on every RRR project.

If curvature is shown to be the cause of numerous accidents, some corrective action should be taken. This corrective action can range from some form of positive guidance, which may include placement of additional warning signs and markings, to reconstruction.

Alignment improvements should be undertaken when accident experience is high, and if previously installed warning signs, markings, or other devices have not proven effective. In many cases, under both rural and urban conditions, existing horizontal and vertical alignments may be retained if a careful analysis indicates they can be adequately signed and marked.

If the calculated design speed for a particular horizontal or vertical curve is within 25 km/h of the design speed of the adjacent sections and the location is not an identified high accident location, (facilities with ADT < 750 vehicles per day), proper signs and markings informing drivers of the condition may be used in lieu of reconstruction to meet standards for the assumed design speed. When the difference is over 25 km/h or the design speed of the horizontal or vertical curve is less than 30 km/h, (facilities with ADT > 750 vehicles per day), corrective action must be considered and should be undertaken unless cost or other factors make the improvement impractical. If improvement is not possible, appropriate signs, markings and other provisions should be used to provide for proper speed transition.

Sight distance on horizontal curves, and at intersections, can often be improved by minor cut slope flattening, selective clearing or both. If such work is done, the actual sight distance must be measured, the maximum safe speed determined, and the location signed and marked accordingly.

Grades generally do not need to be flattened on RRR projects. Steep grades and restricted horizontal or vertical curvature in combination, however, may warrant corrective action.

A completed roadside hazard review is required. This will provide information regarding areas of potential concern relating to safety.

For safety, it is desirable to provide a roadside recovery area that is as wide as practical, but because of existing topographic features and right of way limitations associated with RRR work, considerable judgment must be used. The clear zone must be given particular attention at identified high roadside accident locations (fixed object and run-off-the-road accidents). An evaluation should be made to determine the consistency of the clear zone throughout the project limits.

Widening to provide more clear distance through short sections of rock cuts should be considered. In longer rock cuts, protrusions should be cut back or shielded if warranted. A review of accident data will help to define dangerous obstructions. Good engineering judgment, cost effectiveness, and consideration of community impact may also influence decisions.

Under urban conditions the <u>minimum setback for any obstructions</u> should be as close to the right of way line as possible or 0.5 m behind the curb. Where sidewalks are to be included, it is desirable to locate all obstructions behind the sidewalk.

Safety items for reducing the severity of run-off-the-road accidents include traffic barriers (including bridge rails), flattening slopes to eliminate the need for either existing barrier or contemplated barrier placement, crash cushions, breakaway or yielding sign supports, and breakaway luminaire supports.

The priority for action relative to roadside hazards is to:

- Remove or redesign
- Relocate
- Make breakaway
- Redirect by using appropriate barrier
- Delineate

To enhance safety, all RRR projects should provide the following:

Evaluation of existing traffic barrier and end treatments to determine whether they are necessary and meet applicable guidelines and standards. The extent to which the barrier must be upgraded should be consistent.

Appropriate transition and connection of approach rail to bridge rail.

Mitered end sections for both parallel and cross-drain structures located in the clear zone.

Relocating, shielding, or providing breakaway features for sign supports and luminaires.

Protection for exposed bridge piers and abutments.

Drop inlets with traversable grates that are not a hazard to be used within the clear zone.

GEOMETRIC DESIGN CRITERIA

The design criteria in Table A-4-1M for Minor Arterial, Collector and Local Road projects are based on the general approach in the "AASHTO Book" regarding functional classification and corresponding appropriate design volumes and also recommendations presented in <u>TRB special Report 214</u>, <u>Practices for Resurfacing</u>, <u>Restoration</u>, and Rehabilitation.

MINIMUM LANE AND SHOULDER WIDTH VALUES								
	ARTERIAL/ COLLECTOR/ LOCAL ROAD AND STREET SYSTEMS							
DESIGN TRAFFIC	DESIGN SPEED	10% OR MORE TRUCKS (d)			LESS THAN 10% TRUCKS (d)			DITCH WIDTH 3:1
VOLUME	MPH	LANE	LANE WIDTH* SHOULDER			WIDTH	SHOULDER	SLOPE
ADT		C&G	W/SHLD	WIDTH (c)	C&G	W/SHLD	WIDTH (c)	
(a)	(b)	(Meters)	(Meters)	(Meters)	(Meters)	(Meters)	(Meters)	(Meters)
1 - 750	< 80 <u>></u> 80	3.3(e) 3.3	3.0 (e) 3.0	0.6 (i) 0.6 (i)	3.0 3.3	2.7 3.0	0.6 (i) 0.6 (i)	1.0 (h) 1.0 (h)
751 - 2000	< 80 <u>></u> 80	3.3 3.6	3.3 (f) 3.6 (g)	0.6 (l) 0.9 (i)	3.3 3.3	3.0 3.3	0.6 (I) 0.9 (i)	1.0 1.0
2001 - 4000	ALL	3.6	3.6	1.8	3.3	3.6	1.8	1.2
4001 - OVER	ALL	3.6	3.6	1.8	3.6	3.6	1.8	1.2

GEOMETRIC DESIGN CRITERIA TABLE A-4-1M

- (a) Design traffic volume is between 8 and 12 years from completion.
- (b) Highway segments should be classified as "Under 80" only if most vehicles have an average running speed of less than 80 km/h over the length of the segment.
- (c) Cut shoulder width may be reduced by 0.3 m in mountainous terrain.
- (d) Trucks are defined as heavy vehicles with six or more tires.
- (e) Use 2.7 m lane width for Local Road System with ADT of 1 250.
 (2.7 m lane width is equal to new construction standards for Rural/Local Road System) Use 3.0 m lane width for Curb and Gutter for Urban with ADT 1-250 (3.0 m lane width is equal to new construction standards)
- (f) Use 3.0 m lane width for Collector Road and Local Road System in mountainous terrain. (3.0 m lane width is equal to new construction standards.)
- (g) Use 3.3 m lane width for Collector Road and Local Road System in level terrain. (3.3 m lane width is equal to new construction standards.)
- (h) Use 0.6 m ditch width with pavement depths (excluding cement stabilized courses) of 0.2 m and less.
- (i) Minimum width of 1.2 m if roadside barrier is utilized (minimum 0.6 m from edge of pavement to face of G.R.).
- NOTE: PAVEMENT AND SHOULDER WIDTHS NOTED ARE MINIMUMS FROM A DESIGN CRITERIA STANDPOINT. UNDER NO CIRCUMSTANCES SHALL THE EXISTING PAVEMENT OR SHOULDER WIDTHS BE REDUCED TO CONFORM TO THESE MINIMUM STANDARDS.

- NOTE: FOR VALUES NOT SHOWN, SEE APPROPRIATE GEOMETRIC DESIGN STANDARD FOR THE FUNCTIONAL CLASSIFICATION OF ROADWAY (METRIC GS-2M, GS-3M OR GS-4M) CONTAINED IN THE VDOT <u>ROAD DESIGN MANUAL</u>, VOL. 2, APPENDIX A, SECTION A-1 (Metric).
- NOTE: ROADSIDE HAZARDS AND PRIORITY FOR RELATIVE ACTION ARE COVERED ON PAGE A-28 (Metric).

CLEAR ZONES AND SLOPES

Wherever possible, existing side slopes should not be steepened when widening lanes and shoulders. When the initial slopes are relatively flat, however, the slope can be steepened to 6:1 with little effect, and steepening to 4:1 may be reasonable.

Consideration should be given to flattening side slopes of 3:1 or steeper at locations where run-off-the-road type accidents are likely to occur (e.g. on the outside of horizontal curves). Accident data should be used (when available) to substantiate run-off-the-road accident locations.

Removing, relocating or shielding of isolated roadside obstacles should be evaluated in accordance with the Clear Zone and Traffic Barrier Guidelines contained in the <u>Road</u> <u>Design Manual</u>, Vol. 2, Appendix A, Sections A-2 and A-3 (Metric).

GRADES

Grades generally do not need to be flattened on RRR projects. Steep grades and restricted horizontal or vertical curvature in combination, however, may warrant corrective action.

CREST VERTICAL CURVES

An existing vertical curve may be retained as is, without further evaluation, if the existing design speed provides the stopping sight distance within 25 km/h of the overall project design speed and the average daily traffic volume is less than 750 vehicles per day.

Reconstruction of crest vertical curves is to be evaluated when the above speed and traffic volumes are exceeded and the vertical curve hides major hazards from view. Major hazards include, but are not limited to intersections or entrances, sharp horizontal curves and narrow bridges.

SAG VERTICAL CURVES

Substandard sag vertical curves should be investigated to ensure that potential hazards do not exist, especially ones that become apparent when weather conditions, or darkness, reduces visibility.

STOPPING SIGHT DISTANCES

Guidelines for determining the existing sight distances of vertical and horizontal curves are as follows:

- Existing road data to be determined from survey plan and profile sheets and/or old plans obtained from the plan library.
- Road and Bridge Standards SD-3 and SD-4 and may be used to determine the sight distances using the following methods:

Vertical curves - Determine algebraic differences of grades in percent and length of vertical curve in meters from the survey plans, or old project plans, and the sight distance may be obtained from Standard SD-4 (Metric).

Horizontal curves - Determine the existing degree of curve and the middle ordinate or radial distance from centerline of inside lane to obstruction to view and the sight distance may be obtained from Standard SD-3 (Metric).

 Vertical and horizontal curve sight distances may be scaled from the plans using the following heights of driver's eye and object:

Sight Distance	Hgt. of Eye	Hgt. of Object
Stopping	1.08 m	0.6 m
Passing	1.08 m	1.80 m

HORIZONTAL CURVES

An existing horizontal curve may be retained as is, without further evaluation, if the existing curve design speed, with correct superelevation provided, corresponds to a speed that is within 25 km/h of the running speeds of approaching vehicles and the average daily traffic volume is less than 750 vehicles per day.

Reconstruction of horizontal curves should be considered and evaluated when the above speed and/or volume criteria are exceeded.

When a roadway segment consists of a series of reverse curves or curves connected by short tangents, the succession of curves shall be analyzed as a unit rather than as individual curves.

The first substandard curve in a series should receive special attention because this change in alignment prepares the driver for the remaining curves in the series.

Any intermediate curve in a series of substandard curves that is significantly worse than the others in the series should be analyzed individually.

These controlling curves can be used to determine the safety and/or other mitigation measures to apply throughout the series.

PAVEMENT CROSS SLOPE

Pavement resurfacing or rehabilitation will be accomplished such that the finished pavement on tangent sections will be crowned in accordance with new construction standards.

SUPERELEVATION REQUIREMENTS

Standard superelevation will be provided on all curves to comply with the project design speed unless the following conditions exist:

Excessive cost to provide superelevation. Excessive property damage.

Superelevations may be provided for design speeds up to a maximum of 25 km/h less than the project design speed for current traffic volumes of 750 vehicles per day or less, if the above conditions exist, with appropriate signing:

Advisory curve signs and speed limit signs will be erected.

PAVEMENT EDGE DROP

Pavement edge drops usually are caused by resurfacing of pavement without regrading the existing shoulder or erosion of gravel, turf, or earth shoulder materials.

This hazard shall be eliminated or mitigated by utilizing one or more of the following practices:

Paving the full top width between shoulder breaks.

Selectively paving shoulders at points where vehicle encroachments are likely to create pavement edge drops, such as on the inside of horizontal curves.

Constructing a beveled or tapered pavement edge so that any edge drop that develops has a reduced impact on the recovery maneuver.

Reconstruction of shoulders.

INTERSECTIONS

Many intersection improvements can be made at a relatively low cost and are safety cost-effective, particularly at higher traffic volumes.

The intersection improvements must be tailored to site-specific conditions and rely heavily on professional judgment and experience along with current Department guidelines.

DESIGN EXCEPTIONS

All efforts should be made to adhere to the guidelines stated herein. However, under unusual conditions, it may be necessary to use values that are less than the minimum values shown. If lesser values are proposed for use, a justification report will be needed and approval by the State

Location and Design Engineer and the Federal Highway Administration on Federal aid funded projects must be granted before developing the project further.

Methods of showing design exceptions on the plans are noted in Instructional and Informational Memorandum IIM-LD-227. Design Exceptions are to be requested on Form LD-440, maintained on the VDOT website at http://www.extranet.vdot.state.va.us/forms/ . If approved, the completed Form LD-440 is to be attached to Form LD-430 Scoping Report for submittal at advertisement stage.*

PLANNING DRAINAGE DESIGN ELEMENTS

The hydraulic consequences of a highway improvement need to be addressed during the planning phase of the project.

Failure to assess the hydraulic aspects of the improvement could result in an increase in damages to adjacent property as well as the highway facility. Although detailed site information may not be required, it is important that a hydraulic assessment be made by a drainage engineer in the planning phase to determine that engineering and regulatory constraints can be met.

Items to be considered include:

- Hydraulic impacts
- Interaction with other agencies
- Utilities
- R/W and property owners' concerns
- Environmental concerns and permits.

REPLACEMENT OR REHABILITATION OF DRAINAGE ELEMENTS

The decision to rehabilitate or replace a structure should not be made without checking hydraulic adequacy. Normally, the highway designs that improve upstream flooding conditions should generally result from meeting highway flooding criteria. Scour protection, spur dikes, or other protective measures should be included with the bridge rehabilitation.

The decision regarding the rehabilitation or replacement of existing bridges or culverts is often a structural or functional decision. Hydraulic input is important when the cost of the rehabilitation is high enough to consider replacement or where the contemplated rehabilitation involves a change in the roadway profile which, by lessening roadway overflow, could increase hydraulic stresses on the structure and change flow distribution.

Rehabilitation or replacement of culverts often becomes necessary when the culvert is no longer structurally sound. Consideration of the remaining service life of the existing culvert is, therefore, a very important factor in deciding to rehabilitate or to replace it.

In some instances, structures may require replacement due to inadequate waterway area and subsequent frequent interruption of traffic due to flooding. Prolonged ponding behind an embankment caused by an inadequate culvert may also lead to embankment saturation or piping along the culvert.

HYDRAULIC CHARACTERISTICS

The hydraulic considerations for RRR improvement projects are, in many respects, the same as those for a highway on new alignment. The primary difference is that the hydraulic characteristics of the existing facility are already established. These hydraulic characteristics include:

- Culvert performance (inlet or outlet control or headwater at culvert sites).
- Culvert outlet velocities and scour tendencies.
- Flow lines and culvert alignment.
- Backwater at bridge sites.
- Flow distribution.
- Scour patterns at bridge piers, bridge abutments and adjacent banks.
- Skew and channel alignment.
- Storm drain systems and their performance.

The engineer must consider the need for changing and the consequences of changes to these hydraulic characteristics.

Most improvement projects will require some modification of the existing drainage structures. If the hydraulic performance of a drainage structure is changed, the change should be investigated for both upstream and downstream effects of the change.

Because the hydraulic effects of existing structures are usually well established, there is sometimes opposition to change from the landowner(s) affected. This is particularly true in developed areas.

Debris conditions may be changed and should be considered in design. Roadside ditch drainage patterns may be altered. These conditions should be thoroughly studied before any change is allowed.

SAFETY IMPROVEMENTS RELATIVE TO DRAINAGE DESIGN

Where the hazard is a culvert headwall, the options usually are to extend the culvert, protect traffic with guardrail, or construct a protective grate over the headwall. The alternative selected should be based on particular site conditions. Grates on cross culverts with the potential to collect significant debris are undesirable because of the potential hazard created for local flooding. A good way to evaluate the risk is to assume the grate will be plugged and then determine what flood hazard will be created. In all cases, it is very important that grates on culvert end be inspected frequently and always cleared of debris. Spaces between grate bars should be as large as practicable in order to lessen the probability of plugging.

The wide openings tend to minimize the flood hazard by reducing the potential of debris plugging the culvert.

BRIDGE RESTORATION

Hydraulically equivalent Replacement Structure (HERS) definition:

The waterway opening of the proposed structure provides the same height, width obstructions (piers) and geometric configuration as the existing structure.

The proposed roadway grades on the approaches and the structure provide the same overtopping characteristics as the existing facility. Any of the above characteristics of the proposed facility are less restrictive to the passage of flood flows than are the characteristics of the existing facility.

Every waterway crossing whose 1% exceedance probability discharge is anticipated, estimated or expected to be 14.15 cubic meters per second or greater **MUST** be reviewed by an appropriate river mechanics specialist. When the proposed facility is determined to be the hydraulic equivalent of the existing facility, no formal design analysis will be required.

If a rehabilitation of the structure and/or its approach roadway does not conform to the HERS requirements, it must be treated as a bridge replacement, and an engineering analysis is required.

BRIDGE REHABILITATION

Bridge repairs are often required because of structural deterioration, damage from floods, and damage from vehicles. Bridge rehabilitation consists of physical changes to a bridge which are necessary because of inadequate width, structural capacity, hydraulic capacity, or because of scour or degradation.

Where bridge repair or rehabilitation is being considered, the cost of the repair should be compared with the cost of complete replacement. See BRIDGE REHABILITATION OR REPLACEMENT SELECTION POLICY in Section A-4M.(Metric). The hydraulic requirements of the bridge should also be reviewed when extensive repair or rehabilitation is being contemplated. This hydraulic review is particularly important if a change in the roadway profile is to be included in the rehabilitation.

In some cases, the grade may be raised so that roadway overflow is eliminated without changing the bridge size. This can be a deliberate change of the grade or a slow change, such as maintenance forces placing asphalt overlays on the grade over a period of years. These changes should always be reviewed by the hydraulics design section for effect on flow distribution, on backwater, and on velocity through the bridges.

A replacement bridge may have a deeper superstructure and solid rails. These differences will affect a stream crossing unless compensating adjustments are made in the profile gradeline.

Where the profile grade is raised, the effect may be to eliminate or lessen roadway overflow which could force more water to flow through the bridge opening. Solid rails can have the same effect. If the grade is lowered, the flow pattern and the amount of flow directed over the road and into downstream property could be increased.

When replacement bridges have shorter spans than the existing bridge, the resulting increase in the number of piers could add a debris and scour problems or increase backwater.

CULVERT REPLACEMENT

When an existing culvert is to be replaced, an analysis should be made to see if the size of the existing culvert is either smaller or larger than necessary.

CULVERT REHABILITATION

A properly installed culvert generally loses its structural integrity through corrosion and/or abrasion of its invert, although overall loss of material in the pipe wall can occur some installations due to the corrosive action of the backfill material or the water flowing through the culvert. Common restoration techniques include:

Provision for replacement of the culvert invert.

Threading of a smaller size culvert or liner plate through the original culvert and grouting of the voids between the two culverts.

Use of commercial products for relining pipe with epoxy-coated fabric materials.

Any proposed culvert rehabilitation scheme should be analyzed for hydraulic adequacy and outlet protection. Normally, the smaller cross sectional area resulting from culvert rehabilitation will lead to higher headwater elevation; however, this effect may be insignificant if there is storage upstream or if the potential for damage is minimal. Another consequence of a reduction in pipe size may be higher outlet velocities. This factor should also be assessed during the design of a culvert rehabilitation project.

Use of smooth linings, improved inlets, etc. may also improve the hydraulic performance of the relined culvert and essentially offset the loss of cross sectional area.

Many older culverts were built during a period when less attention was given to the need for accommodating fish passage. Such accommodations can often be incorporated by the addition of baffles in the culvert barrel; however, such designs should be checked to ensure that the revised design is hydraulically adequate.

CULVERT EXTENSIONS

The extension of an existing culvert can result in significant changes to the hydraulic performance. Extending the inlet of a culvert operating in inlet control establishes a higher inlet flow line, which will raise the inlet headwater elevation an equal amount. Extending a culvert which operates under outlet control may also increase the headwater because of head losses associated with the longer barrel.

Culvert extensions can cause the approach or the exit flow alignment to be unacceptable. This can usually be corrected by either extending the culvert on a skew angle that will fit the channel alignment or modifying the channel.

Long culvert extensions could cause the culvert to switch from inlet control to barrel (outlet) control, which will result in an increase in headwater.

In addition to the above noted changes, a long culvert extension may also create problems with fish passage through the culvert that should be addressed during the design.

SIGNING, SIGNALS AND PAVEMENT MARKINGS

Traffic control devices such as signing, signals, and pavement markings must be updated in accordance with the <u>Manual on Uniform Traffic Control Devices</u> and the <u>VDOT's Road and Bridge Standards</u>.

While traffic control devices cannot fully mitigate all problems associated with substandard geometric features, they are a relatively low cost measure that can compensate for certain operational deficiencies.

Where roadway geometry or other roadway or roadside features are less than standard, do not meet the driver's expectancy, and reconstruction is not feasible, additional signs, markings, delineation and other devices beyond normal requirements of the MUTCD should be considered.

Judicious use of special traffic regulations, positive guidance techniques, and traffic operational improvements can often forestall expensive reconstruction by minimizing or eliminating adverse safety and operational features on or along existing highways.

Signals are to be provided at warranted locations.

PLAN REVIEWS

Preliminary plan reviews and field inspections are to be held in accordance with the standard procedures. The Federal Highway Administration (FHWA) is to be notified of each and invited to attend.

PUBLIC INVOLVEMENT

RRR projects are to be developed utilizing the Department's Public Involvement Policy to keep the public sufficiently informed and involved as the project progresses so that a formal public hearing can be eliminated in most, if not all, cases.

RIGHT OF WAY

Although RRR type improvements are normally made within the existing right of way, additional right of way may be required to provide the necessary improvements.

Any required right of way and/or easements will normally be secured by donation. However, right of way may be acquired.

All right of way negotiations are to be conducted in accordance with the applicable statutes, regulations, policies, and procedures stipulated in the Right of Way and Utilities Division's Manual of Instructions and related memoranda.

UTILITIES (UNDERGROUND AND OVERHEAD)

Where utilities are involved on RRR projects, the Department's General Guidelines for Accommodating Utilities Within Highway Right of Way are to be followed.

Relocation or adjustment may be required if the minimum clear zone requirements are not met or if the utility system conflicts with proposed RRR improvements and sufficient right of way is available. For Federally funded RRR projects, an exception request must be made if the project does not meet the minimum clear zone requirements.

In some cases, the utility system on RRR projects may be retained without adjustment or relocation if the accident history does not indicate the existence of a hazard or if the system has demonstrated adequate performance and does not conflict with proposed improvements.

TORT LIABILITY AND GEOMETRIC DESIGN

In recent years highway agency administrations have become increasingly concerned about the growth of tort claims. Such claims allege that highway agencies have committed a legal wrong by improper or negligent highway design, operation, or maintenance that became a cause or partial cause of a highway accident. Claims against highway agencies are part of a nationwide problem of rising liability insurance premiums and increasing costs of tort actions.

Studies indicate that the geometric design features covered in RRR standards are usually not the central focus of tort claims. Pavement features, traffic control devices, and roadside barriers account for the large majority of tort claims.

BACKGROUND ON TORT LIABILITY

Tort is defined as a civil wrong or injury, and a tort action seeks repayment for damages to property and injuries to an individual. If a defendant is found negligent in his actions, or lack of action, he is liable for a tort claim and must compensate the plaintiff. State laws and rulings differ regarding tort claims against a governmental entity. In Virginia, as in most states, the courts or state legislatures have eliminated sovereign immunity (whereby an individual cannot sue the state or its agents for negligence).

Highway agencies are spending substantial sums as a result of tort claims. The costs of handling tort claims include not only the direct costs of judgment awards, settlements, and insurance, but also attorneys' fees and the cost of engineers' and other staff time.

Negligence can be alleged on two grounds particularly relevant to highway agencies:

- Agency (or person) improperly performs its duties (misfeasance).
- Agency (or person) fails to perform its duties (nonfeasance).

RRR IMPROVEMENTS AND TORT CLAIMS

Little is known about how frequently the geometric features addressed by RRR design guidelines are cited in tort claims against highway agencies. Few states maintain data on tort claims by alleged defect. Further, classifying tort lawsuits is difficult because most involve several defects that differ in importance.

Geometric features (such as cross-sections, alignment, and intersections) usually covered by RRR guidelines account for a small percentage of total claims filed against highway agencies. Of the cases in which a geometric feature is at issue, horizontal and vertical curves are the most often cited.

Pavement features including edge drops, potholes, surface deterioration and slippery pavements, account for large amounts of the settlement costs.

SUSCEPTIBILITY OF RRR PROJECTS AND GUIDELINES TO TORT CLAIMS

The standards selected for RRR projects, the design process followed, and the scope of the improvements may influence the litigation of future tort claims. The issues that might arise in a tort action are:

- Did the project meet the appropriate design standards?
- Are the standards reasonable?
- Was the design process reasonable?
- Did the improvements correct existing dangers?
- Should unimproved roads be judged by standards used for roads that are unimproved?

The resolution of tort claims alleging an inadequate geometric design is contingent on determining the appropriate set of design standards used to assess negligence.

Determining whether a highway improvement project is sufficiently extensive to qualify as reconstruction can be a key issue in a tort claim because reconstruction projects usually must meet current new construction standards.

Deficient roadside signs or pavement markings and pavement edge-drop problems, which are often the basis of tort claims, can be routinely corrected on RRR projects.

DEFENSE OF A RRR PROJECT DESIGN

Although planning and design activities are exempt from liability in most states, this immunity has been held not to apply to decisions made without prior study or conscious deliberation.

Documentation of the planning process should be part of the state highway agency's defense.

For RRR projects, documentation should demonstrate that safety aspects of the roadway design were properly considered. Reports that identify deficiencies in existing roadways are potentially threatening to the public agency preparing the report if the deficiencies are not addressed. Thus, if any exception to an applicable design standard was granted, documentation should explain the reasons for the exception and show that logic and orderly procedures were followed in obtaining it.

When a highway agency contemplates a design exception for a geometric or roadside feature, it should be prepared to prove why the feature need not meet the same standards as other facets of the roadway design. Often, the best defense in this situation is to demonstrate that the safety cost-effectiveness of further upgrading the feature does not meet any reasonable criteria.

Courts seldom rule that the unavailability of funds is justification for not correcting an alleged defect, but the issue of availability of funds can be part of the defense in relation to the agency's programming procedures.

The following points are important to such a defense:

- The agency is aware of the condition of its facilities
- Deficiencies have been ranked on a logical basis
- Given the existing funding, items are being corrected in the order of priority

Appropriate warnings or other temporary measures should be used to alert the public that deficiencies have not been corrected. The highway agency can then affirm that it has performed its duties in the best way possible with the available resources.

In order to receive immunity for planning and design activities, a state must thoroughly document the design process in order to defend challenges.

A rational and orderly process must be followed if a plan or design is to be considered immune from claims of negligence. If a feature built during construction was not called for in the plans or was altered from the specifications, it is open to a claim of negligence in a tort action.

RRR NOTE ON PROJECT TITLE SHEET

For applicable projects, the following note shall be placed on the plan title sheet under the Functional Classification and Traffic Data Block:

NOTE: THESE PLANS WERE DESIGNED IN ACCORDANCE WITH VIRGINIA RRR GUIDELINES.

SECTION A-5M-BICYCLE FACILITY GUIDELINES

For the Metric Bicycle Facility Guidelines contact the Policy and Procedure Section at (804) 786-8287

SECTION A-6M-AIRPORT CLEARANCE REQUIREMENTS

During the Project Planning Stage, the Designer will determine if there is a potential for substandard airway - highway clearance, or other potential hazard, as determined by the project's location listed below:

- 1. Within 7,000 meters of public use or military airports with at least one runway greater than 975 meters in length.
- 2. Within 3,000 meters of public use or military airports with runways with a length of 975 meters or less.
- 3. Within 1,500 meters of public use, military, or hospital heliports.
- 4. Any permanent or temporary construction or alteration including any equipment, materials or apparatus that would be more than 61 meters in height above ground level at its site.
- 5. Construction of wetlands or stormwater management ponds within 8100 meters of a public use or military airport.

The Designer will request a review and coordinate notice requirements for any project determined to be within the applicable limits as listed above. A list of airports, as of the printing of these instructions, is provided at the end of this section for assistance in locating applicable airports. The request for review will be made to the Location & Design Airport Clearance Coordinator in the Photogrammetry and Survey Section by Form LD-252.

The Airport Clearance Coordinator will determine current Federal Aviation Administration (FAA) requirements pertaining to the subject project and notify the FAA as early as possible. Part 77 of the Federal Aviation Regulations and the U. S. Department of Transportation FAA Advisory Circular 70/7460-21 contain FAA requirements as of the printing of these instructions.

All evaluations will be determined by using U.S.G.S. or N.G.S. (U.S.C. & G.S.) datum or datum matching quadrangle sheets. In no case will assumed data or local city or town datum be used.

When a new corridor is being developed or an existing corridor is being redeveloped to add lanes, interchanges, etc., the entire corridor is to be reviewed for clearance requirements at a very early stage.

For Final Design, the corridor will probably be divided into multiple projects and be handled by different design sections and/or in a District Office. The establishment of the proposed grade elevations based on the airport clearance requirements at an early stage is important because grade adjustments on a Final Design Project by a section may create major design adjustments on an adjoining project that is being prepared by another section or District Office.

When lighting is required on a project or a <u>possible</u> addition in the future, the pole heights are to be considered in the initial review for clearance requirements. Although a highway may present no problems with vertical clearances, the use of certain types of materials (such as fencing, lighting, etc.) may affect navigational equipment. Also, the use of large construction equipment (such as cranes) may cause encroachment of navigable airspace. Encroachment problems may also result from signs and/or lighting added several years after the roadway completion.

When proposed construction or maintenance activities initiated by other Divisions (i.e. Environmental, Structure and Bridge, Asset Management, Traffic Engineering) or a District Office are within the limits (specified earlier in this section) of airports or heliports, the Location and Design Highway Airport Clearance Coordinator is to be notified by Form LD-252.

When potential clearance conflicts are determined, the designer will contract the Highway Airport Clearance Coordinator via Form LD-252 and request a review. The Designer will submit Form LD-252; one (1) print of the title, typical section(s), and applicable plan and profile sheets for the Highway Airport Clearance Coordinator's review.

The Highway Airport Clearance Coordinator will evaluate the appropriate desirable clearance dimensions between highway surfaces and airway approach zones and, if necessary, request that the designer furnish prints of applicable project plan sheets. This is for early communication between the FHWA, FAA, and the Department and for alerting the FAA of potential hazards to aviation.

When a potential problem exists, FAA Form 7460-1 (notice of proposed construction or alternation), or current form, along with appropriate project review data will be filled by the Highway Airport Clearance Coordinator. A Notice of Construction or Alteration to the Federal Aviation Administrator is required for any proposed construction or alteration. This applies to, but is not limited to, the following:

- 1. Any object of natural growth or terrain.
- 2. Permanent or temporary construction or alteration, including equipment or materials used therein, and/or apparatus of a permanent or temporary character.
- 3. Structures with a change in height (including appurtenances) or lateral dimensions, including equipment or materials used therein.
- 4. Proposed changes in the land use practices that would attract or sustain hazardous wildlife populations at or near airports.

ASSOCIATED CITY PUBLIC-USE* AIRPORT

CharlottesvilleCChase CityCChesapeakeCClarksvilleMCreweCCulpeperCDanvilleDDublinMEmporiaEFarmvilleFForestMFredericksburgSFredericksburgSFront RoyalFGalax/HillsvilleCGrundyCHot SpringsIJonesvilleL	_ake Anna AirportCharlottesville-Albemarle AirportChase City Municipal AirportChesapeake Regional AirportMarks Municipal AirportCrewe Municipal AirportCulpeper Regional AirportDanville Regional AirportNew River Valley AirportEmporia-Greensville Municipal AirportFarmville Regional AirportNew London AirportShannon AirportStafford Regional AirportFront Royal-Warren County AirportFront Royal-Warren County AirportGordonsville Municipal AirportGundy Municipal AirportGundy Municipal AirportJangal's FieldLee County Airport
Kenbridge L	unenburg County Airport

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(continued list of airports)

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Associated Area Military Airfields

Fort Belvoir	David
Fort Eustis	Felke
Norfolk	NAS
Poquoson	Langl
Quantico	MCA
Va. Beach	NAS
	NALF

Davidson AAF Felker AAF NAS Norfolk Langley MCAF Quantico NAS Oceana NALF Fentress

SECTION A-7-"NO PLAN" AND "MINIMUM PLAN" PROJECTS

All "No Plan" and "Minimum Plan" Projects are to be done in Imperial units.

SECTION A-8-SEQUENCE OF CONSTRUCTION/ TRANSPORTATION MANAGEMENT PLANS (TMP)

INTRODUCTION

Transportation Management Plans (TMP) are required on all Type A, B and C^{*} projects. TMP's consist of the following strategies (or plans): Temporary Traffic Control, Public Communication and Transportation Operations. Refer to IIM- LD-241 for guidance.

These guidelines serve as a tool to assist the designer in plan preparation. Sequence of construction, temporary traffic control plans and constructability are related topics and significantly affect the quality of our plans. Broad issues of constructability and quality control are commented on; however they are not the focus of these guidelines. The purpose is to familiarize individuals with the technique and importance of preparing an adequate sequence of construction and temporary traffic control plans. Constructability issues concerning sequence of construction and temporary traffic control plans are covered. Reference material is located elsewhere in this section and in the <u>Instructional and Informational Memoranda</u> (IIM-LD-241). References listed at the end of these guidelines provide additional resources and the list of items to consider may serve as a checklist.

As related issues, the sequence of construction and temporary traffic control plans are included in one plan. The plan includes diagrams and appropriate notes to inform the contractor of when each operation is to be accomplished. The plan delineates traffic control procedures necessary prior to, during and following construction. The sequence is to be a guide with a step by step procedure from the beginning to the end of construction. It is important to provide the plan in a clear and easy to follow manner. Do not sacrifice plan clarity to reduce pages. The plan is necessary to insure that a project can be built as designed without undue difficulty and with minimum work orders. Developing a sequence of construction and temporary traffic control plans is an essential part of the overall project design and may affect the design of the facility itself. Design of the proposed improvements should be coordinated with the temporary traffic control plans. There may be acceptable design alternatives which would improve tie-ins to existing pavement and facilitate significantly smoother flowing sequence of construction plans.

A plan is necessary for complex projects when construction warrants a step by step explanation of the construction process. Such projects may have high traffic volumes, peak hour traffic backups, major cuts and fills, major drainage structures, bridges, or utility relocations requiring traffic detours or shifts. Begin planning in the very early stage of design and continue to solicit assistance throughout the design process to finalize the plan. Request input at Field Inspection and other appropriate meetings as necessary.

^{*} Rev. 1/09

Throughout the design process it is important to keep in view the big picture. Before beginning to prepare a sequence of construction plan, walk or drive the project to become familiar with the project and critical construction areas. Take notes, make sketches, video tape and take pictures to assist in communicating issues to consider.

Develop a draft sequence of construction plan, thinking through each step as it relates to the other steps. These guidelines contain some helpful suggestions and references. Reviewing examples of well prepared sequence of construction plans is an excellent way to learn about the various issues. Brain storm alternative construction sequences to arrive at the most practical. It may be helpful to color code each phase of construction and make a written narrative of each phase.

<u>Seek advice</u> from individuals, sections or other divisions with particular expertise or experience necessary in preparing sequence of construction plans. Methods of obtaining advice include requesting individuals to review a sequence plan or setting up a meeting to discuss concerns and alternative solutions. There is a wealth of knowledgeable and experienced individuals within VDOT to consult when preparing sequence of construction and temporary traffic control plans.

The road designer should consult and coordinate input from the Scheduling and Contract, Environmental, Asset Management, Materials, Right of Way, Structure and Bridge, Traffic Engineering, and Local Assistance Divisions, the Project Engineer and Inspector throughout the process of developing a sequence of construction and temporary traffic control plans. It may be appropriate to contact the District and Central Office representatives of referenced Divisions, particularly the **Regional**^{*} Traffic Engineer. Advantage should be taken of all opportunities to solicit public input concerning the planned sequence of construction and temporary traffic control plans. The public commutes the subject area every day and is in a position to point out situations of concern. Evolution of a sequence of construction and temporary traffic control plans is an ongoing process and modifications will be necessary prior to and during construction as issues surface or difficulties develop.

The road designer is responsible for preparation of the plan for inclusion in the plan assembly. <u>Preparation will involve requesting, coordinating and organizing input from numerous other individuals.</u> The designer is not expected to know all of the traffic control options and construction techniques and other related expertise necessary to prepare a comprehensive plan. The plan should be located in the front portion of the plan assembly, within the 1 series of sheets.

The Location and Design policy concerning sequence of construction and temporary traffic control plans is as follows:

Preliminary Temporary Traffic Control Plans/Sequence of Construction Plans are to be developed by the roadway designer in the earliest possible stage of plan development and reviewed by the Regional Traffic Engineer prior to Field Inspection.

^{*} Rev. 7/10

Temporary Traffic Control Plans^{*}/Sequence of Construction Plans should safely and efficiently maintain traffic while providing capacity and operating speed comparable to the typical highway conditions where feasible.

The following note is to be shown on the Temporary Traffic Control Plans/Sequence of Construction Plan:

"Unless otherwise approved or directed by the Engineer, the Contractor shall plan and prosecute the work in accordance with the following:"

The Regional Traffic Engineer will determine locations where detailed plans for traffic control devices are required for inclusion in the final Temporary Traffic Control Plans /Sequence of Construction Plan.

Following the Field Inspection, plans are revised to incorporate the District Administrator's Field Inspection recommendations, and the electronic files are updated and will be provided to the Regional Traffic Engineer. The Regional Traffic Engineer will provide recommendations to the roadway designer to prepare the necessary traffic control devices for inclusion in the construction plan assembly.

The Temporary Traffic Control Plans/Sequence of Construction Plans are reviewed as follows:

- 1. Quality Review for Field Inspection
- 2. Field Inspection
 - a. Recommendations from the District Administrator at Field Inspection are submitted to the Project Manager.
 - b. After accepted Field Inspection recommendations have been incorporated into the plans, prints are provided to the Regional Traffic Engineer and State Traffic Engineer for review prior to Public Hearing/Right of Way Stage.
 - c. Detours, right of way, and easements must be completed in sufficient detail for the right of way requirements to be incorporated into Public Hearing/Right of Way plans.
- 3. Right of Way and Constructability Review
- 4. Advertisement Quality Review
- 5. Pre-advertisement meeting

^{*} Rev. 7/08

SEQUENCE OF CONSTRUCTION

A sequence of construction plan is to include diagrams and appropriate notes to inform the contractor of when each operation may to be accomplished and advise of traffic control necessary during construction.

Except for the most simple projects, a sequence of construction is necessary. Delays and redesign during construction are often extremely costly, may also cause an unsafe situation and can unnecessarily cause additional disruption of traffic patterns. Our desire is to minimize the inconvenience to the public. To the extent possible, the plan should have flexibility. Recognize that the contractor may, with the Engineer's approval, modify the sequence of construction, but to approach a project without a plan is risky. The sequence may seem simple at first glance but thinking through the steps helps make us aware of possible difficulties. Each project presents unique challenges and developing a sequence of construction offers opportunities to address these concerns at an early stage.

The road designer is responsible for determining the need for barricades and detours during construction. The designer is also to review the plans carefully to determine if it will be necessary to shift traffic lanes away from the normal position during construction and determine required easements. If shifting lanes is necessary, a sequence of construction is to be prepared by the designer with input from the appropriate Assistant Scheduling and Contract Engineers and/or Assistant District Engineer. The sequence of construction plan is to be reviewed by District office representatives and individuals from applicable divisions and agencies at each stage of plan development. The Scheduling and Contract, Environmental, Asset Management, Materials, Right of Way, Structure and Bridge, Traffic Engineering, and Local Assistance Divisions, Project Engineer and Inspector should be consulted concerning their respective areas of responsibility.

When a Sequence of Construction Plan is necessary, it will be included in the plans that are distributed for review at the Field Inspection and it will be of sufficient detail to present the basic concept for discussion and determination of environmental, traffic, safety, and right-of-way requirements. Reviewing examples of well prepared sequences of construction plans is an excellent way to learn about the various issues to be addressed. Examples should address different construction challenges. Discussion should take place at the Field Inspection concerning a narrative if a Sequence of Construction Plan is not necessary. All of the above items are to be discussed thoroughly at the Field Inspection and recommendations included in the Field Inspection Report. *

^{*} Rev. 7/06

A copy of the sequence of construction plan, with the accepted Preliminary Field Inspection recommendations incorporated, is to be furnished to the Traffic Engineer prior to the Field Inspection/Right of Way stage. If detours, right of way or easements are required for the temporary traffic control plans^{*}, the sequence of construction must be completed in sufficient detail for the right of way requirements to be incorporated into the Field Inspection /Right of Way plans.

When a sequence of construction plan or narrative is unnecessary for a particular project, the file will be documented accordingly with the listing of the names of those involved in the decision and the reasons for the decision. The field inspection prints must also indicate that a sequence of construction plan or narrative is not necessary and that only such items as flagging, warning lights, etc., will be required.

ITEMS TO ADDRESS UNDER SEQUENCE OF CONSTRUCTION:

Adjoining projects and sequence of construction must be coordinated. There may be occasions where a portion of one project would be more efficiently constructed at a designated stage of the construction sequence of another project. This may apply at intersections or other locations. Surplus material may be utilized from an adjoining project. Section 105 of the <u>Road and Bridge Specifications</u> specifies that there shall be cooperation among contractors on adjoining projects.

Bridge construction should be addressed in the sequence of construction. The coordination of the bridge construction with the roadway portion should be evaluated relative to connecting temporary bridge parapet with the traffic barrier service to insure the proper tie when performing the installations. Bridge construction often requires very large cranes and other large equipment and materials. It is desirable to avoid constructing a bridge in sections. Also avoid setting beams over traffic. Input should be furnished by the Structure and Bridge, Scheduling and Contract and Traffic Engineering Divisions to provide a plan taking these issues into account. Detours may be necessary during periods of bridge construction.

Construction activity: Sequences of construction should be designed to prevent worker activity left and right of traffic at the same time. This situation makes the driver feel restricted, slows traffic and endangers workers. Construction normally takes place on the outside portion of the project and moves in (on major widening or reconstruction projects). Weather and other factors impact the length of construction time. Weather may affect concrete pavement and other concrete construction.

Drainage: Temporary ditches or pipes may be necessary. Replacement of existing drainage may require a temporary diversion ditch or pipe. Jacking versus open cut for pipe causes less interruption to traffic but is normally a considerably more expensive method of pipe installation.

^{*} Rev. 7/08

Proposed pipes under roadways with high traffic volumes or difficult detours options are candidates for jacking. New construction and extensions of box culverts require considerable construction time. Urban projects should incorporate precast drainage items as much as practical, since improvements in urban areas are generally adjacent to and performed under traffic. Precast items would reduce worker exposure time to traffic and vice-versa since a precast item can be installed much quicker than a cast in place item. Openings for cross-drain pipes on interstates should be designed to prevent small children and animals from accessing the freeway.

Environmental concerns include avoiding wet lands and seeding disturbed slopes at the earliest appropriate stage of construction.

Excavation and earthwork: The Grading Summary and material hauls must match maintenance of traffic and sequence of construction plans. Consider borrow material versus surplus material at each stage of the sequence. Address locations where surplus material may be placed. Areas of graded slopes may be appropriate locations to waste surplus material. Consider areas of major cut or fill to anticipate slope tie in difficulties. In development of the Grading Diagram and Summary, it is essential that the project sequence of construction be taken into consideration to avoid specifying use of material which is not available in the appropriate phase of construction. On complex projects, it may be necessary for the designer to develop rough grading diagrams and summaries for each phase of work to accurately determine the grading effort required.

Example plans: Review example plans and seek advice from individuals with experience.

Funeral homes and Churches: Construction should be prohibited in the immediate vicinity of funeral homes and churches during services. This is common courtesy and enhances public relations. This consideration will normally be addressed during preconstruction meetings, but may warrant a plan note.

Intersection reconstruction may require a Sequence of Construction/Temporary Traffic Control Plans^{*} as these areas may be very involved.

Material hauls: The contractor should plan the transfer of materials and equipment in a manner that minimizes the impact on traffic movement, as much as practical.

Nighttime construction: In order to reduce the disruption of traffic flow and avoid stopping traffic, certain construction activities, such as the placement of bridge beams or overhead sign structures should be accomplished at night. However, additional safety precautions may be necessary when accomplishing this activity.

^{*} Rev. 7/08

Note in the plans that the Contractor shall plan and execute the work in accordance with the Sequence of Construction Plan unless a change is approved or directed by the Engineer.

Note in the plans that it is not the intent of the sequence of construction plan to enumerate every detail which must be considered in the construction of each stage, but only to show the general handling of traffic.

Pavement or structure demolition sequence should be considered.

Railroad crossings or construction adjacent to rail lines should be considered. Input should be obtained from the Virginia Department of Rail and Public Transportation concerning special requirements. Avoid situations where traffic signals, road intersections, road grades and etc. could trap vehicles on the tracks.

Sound barrier walls: The sequence of constructing sound barriers should be closely reviewed, especially when located on the shoulder, since access for work vehicles may require a lane closure. Consideration should be given to sound barrier construction at an early stage of the project construction to help shield adjacent areas from noise.

Time of day, holidays or other day and time restrictions may be necessary stating when construction or traffic flow restraints are not allowed. Notes may be necessary stating specific dates/times. Local ordinances such as noise may restrict when work can be performed. Section 105 of the <u>Road and Bridge Specifications</u> specifies restricts Holiday work times unless permission is granted by the Engineer.

Utilities: On some projects utility relocations are complete prior to beginning the road construction. Existing utilities should be addressed in the sequence of construction as to when and by whom they will be relocated. A portion of the road construction may be necessary prior to installing or relocating utilities.

Walk or drive the project: Take pictures, notes, video and make sketches. This process will help in recalling and conveying to others the areas of concern.

TEMPORARY TRAFFIC CONTROL PLANS*

A temporary traffic control plan is necessary to insure that motorists, pedestrians and construction workers can safely travel or perform their jobs during roadway construction. A well-thought-out and carefully developed plan will contribute significantly to the safe and expeditious flow of traffic as well as the safety of the construction forces. The goal of any maintenance of traffic plan should be to safely route vehicle, bicycle, worker and pedestrian traffic, including persons with disabilities, through or around construction areas.

^{*} Rev. 7/08

Geometrics and traffic control devices should operate in a manner comparable to the existing operating situation while providing room for the contractor to work effectively. A temporary traffic control plan informs the contractor in writing as to how we expect the traffic to be maintained throughout the project and how the summaries have been worked up. The plan may constitute a traffic maintenance sequence and include drawings and diagrams to convey instructions. Traffic flow arrows are recommended.

It is advantageous to prepare and evaluate the temporary traffic control plans from the motorist's point of view. We have all been delayed in traffic due to road construction. Many times it is unavoidable. Preparing an efficient temporary traffic control plan is one way we can better serve the public. It has been said that the shortest distance between two points is always under construction. This may be the public's perception when they are inconvenienced. Imagine how a driver would view the plan in operation.

Realize that there may be an element of surprise or uncertainty for the driver, who will likely be unfamiliar with the revised traffic pattern and hazards. The temporary traffic control plans must be coordinated with the sequence of construction. Reviewing examples of well prepared maintenance of traffic plans is an excellent way to learn about the various issues to be addressed. The examples should address different construction challenges. Do not hesitate to seek advice from Divisions, sections or individuals with expertise or experience in preparing a temporary traffic control plan, particularly the Regional^{*} Traffic Engineer.

Maintaining a safe flow of traffic during construction must be carefully planned and executed. Although it is often better to provide detours, frequently it will be necessary to maintain the flow of traffic through the construction area. Construction areas are protected by barriers, appropriate speed limits, channelizing devices, signs, signals, lighting, impact attenuators, truck mounted crash cushions and flagging to provide safe traffic control during construction. Construction area devices may include variable message signs or divided highways. Sometimes it will also be necessary to encroach on the through-traffic lanes or shift lanes entirely in order that the construction can be undertaken. When this is necessary, designs for traffic maintenance should produce as minimal an effect as possible on normal traffic flow. The plan depends on the nature and scope of the improvement, volumes of traffic, highway or street pattern, and capacities of available highways or streets. The plan should have some built-in flexibility to accommodate unforeseen changes in work schedule, delays, or traffic patterns.

Adequate advance warning and sufficient follow-up information are needed for the motorist. Standards for the use and application of signs and other traffic control devices when highway construction occurs are set forth in Part VI of the Federal Highway Administration's <u>Manual on Uniform Traffic Control Devices</u>, MUTCD. Designs for the use and application of signs and other traffic control devices are developed by the Traffic Engineering Division of VDOT. Traffic control devices instructions published by the Traffic Engineering Division are included in <u>The Virginia Supplement to the Manual on Uniform Traffic Control Devices</u>.

^{*} Rev. 7/10

Part VI of the Virginia Supplement was modified and reproduced as a separate publication, <u>Virginia Work Area Protection Manual</u>. Location and Design is responsible for the design of the facilities (except bridges) to accommodate the traffic.

The stopping of public traffic by a flagger or any other means should be avoided where possible and should be approved by the District Administrator. Designs that provide for constant movement around an obstruction in the roadway, even if it is slow, are more acceptable and are less irritating to drivers than requiring them to stop. Construction operations frequently create the need for adjustments in traffic patterns including the shifting of lanes.

Splitting traffic in the same direction on both sides of construction is not acceptable. The minimum taper length for lane transitions in construction areas can be computed by a formula found in the MUTCD. Various configurations are illustrated in the MUTCD and should be used in developing temporary traffic control plans^{*}.

Designed shifts in traffic flows are to conform to the geometrics shown in the standards for detours (Standard GS-10) and/or as indicated in the "Safety Guidelines for Construction Zones" (See IIM LD- 93).

Depending on various project conditions, the Traffic Engineering Division may recommend one of the following methods of maintaining traffic for a project.

- A. Under the following circumstances a <u>simple sequence</u> would normally be used:
 - 1. If the Average Daily Traffic volume (ADT) is 1000 or less.
 - 2. If there are no pipes that are 48" or greater in diameter.
 - 3. If there are no double lines of 24"pipe or greater.
 - 4. If there are no major drainage structures.
 - 5. If no major off-site detours are required.
 - 6. If there are no major utility relocations required.

A simple sequence may read:

"Traffic is to be maintained throughout the project on the present road or on the grade where the present road is to be raised or lowered. Short periods of one-way, flag controlled traffic may be allowed at the option of the Engineer."

B. Under the following conditions a <u>simple sequence requiring time restrictions</u> should be considered, but keep in mind that these are only meant to be used as general guidelines. Time restrictions may not be necessary in all of the following situations:

^{*} Rev. 7/08

- 1. If the ADT is 1000 or more and could present a problem with peak-hour traffic backup;
- 2. If there are pipes larger than 48"in diameter;
- 3. If there are double lines of 24" pipe or larger.
- 4. If there are major drainage structures.

A simple sequence with "time" restrictions may read:

"Traffic is to be maintained throughout the project on the present road or on the grade where the present road is to be raised or lowered with a minimum lane width of _____. Two-way traffic is to be maintained between the hours of _____: a.m. to _____: ____ p.m. weekdays, and at all times on Saturdays, Sundays and Holidays, unless otherwise directed by the Engineer."

C. A <u>more in depth sequence</u> or an off-site detour may be required in situations where neither of the simple sequences listed above are appropriate. This may require a step by step description of the sequence.

When construction operations are scheduled to take place adjacent to passing traffic, a clear zone should be called for in the plans between the work and the passing traffic. Under most conditions, positive barriers or time restrictions are justified.

ITEMS TO BE ADDRESSED UNDER MAINTENANCE OF TRAFFIC INCLUDE:

Access to adjacent residential and commercials properties should be maintained at all times. Temporary traffic control plans^{*} and sequence of construction notes should reflect this policy and emphasis the requirement at fire stations, emergency rooms and other emergency facilities. Section 104 of the <u>Road and Bridge Specifications</u> specifies that entrances shall be maintained.

Asphalt medians: Temporary medians should be considered where construction creates situations with new traffic patterns for motorists. This channelizing will provide improved safety by forming a positive separation of opposing traffic.

Barrier, attenuator service and truck mounted attenuator guidelines and standards are contained in the Construction Zone Safety IIM LD-93. Standards/Special Design Section will be contacted to design the Impact Attenuators. The location of drums, barriers, or barricades, as means of channelizing traffic, should be detailed in the temporary traffic control plans when special conditions exist. Channelizing devices are addressed in the <u>Virginia Work Area Protection Manual</u> (Page 50). Concrete barrier placement is important. There will be instances when construction access in runs of traffic barrier service will be necessary for the contractor to access with materials and equipment. These locations should be reviewed to determine if attenuators or a transition is needed, or time restrictions and use of surface treatment to prevent debris on public travelway. Runs of traffic barrier should be properly transitioned on either end, in the clear zone, as indicated in the <u>Virginia Work Area Protection Manual</u>, for the operating speed during construction.

^{*} Rev. 7/08

Otherwise, temporary impact attenuators will be required. Applicability of Quickset Barrier System; use of Quick Change barriers may facilitate changing the number of lanes during rush hour. There may be times when it is practical to implement the Quick-change Traffic Barrier System to maintain roadway capacity in the AM and PM peak hours, yet provide additional work space for specific work activities during off-peak times. The NEAT attenuator system is an end treatment for temporary work zones which has FHWA approval for use on these barrier systems.

Bridges; Temporary bridges may be cost effective for reconstruction of existing bridges.

Bridge rails, existing: In many instances, existing bridges do not have the accepted approach guardrail runs and terminal treatments. Due to the unusual and distracting work techniques used in bridge construction that may be in the immediate vicinity of traffic during the erection of the proposed structure, maintaining traffic on the existing structure may require guardrail, at least on the right side of approaching traffic to eliminate run off the road or fixed object impacts by an errant motorist.

Clear zone: Clear zone requirements should be maintained and the contractor should be instructed to maintain the clear zone free of stored materials and parked equipment as much as practical.

Construction equipment: Idle construction equipment must not impact sight distances at intersections and especially in school zones or entrances. When the construction site is in the vicinity of an airport, consideration should be given to include a note on the plans that the contractor shall be responsible to insure construction equipment does not violate Federal or airport clearance regulations.

Coordinate work: There may be times that several contractors are working in the same vicinity. During these times advanced work zone signing should be coordinated to insure driver expectancy is not compromised by the placement of unnecessary or conflicting signing.

Detours may be necessary to provide the smoothest and safest traffic flow around work zones. If a temporary detour is shown in the temporary^{*} traffic control plans, it should be graphically indicated in the plan assembly, with the proper directional advanced signing for the contractors guidance prior to initiating work activities. Address issues of alignment, grade, length, width, pavement strength, truck restrictions, detour capacity for rerouting traffic, detour quantities (including grading, drainage, pavement, etc.) and a detour removal detail (with pay items). Temporary detour grades are necessary where such grades are not obvious such as paralleling existing pavement. When shoulders are used as a detour, the pavement width and strength should be reviewed to accommodate the appropriate vehicle loads.

^{*} Rev. 7/08

Detour operating speed should approximate existing highway operating speed (every attempt should be made to not reduce the speed by more than 10 mph). Attention should be given to maintaining emergency (fire, etc.) vehicle, bus and mail routes. It may be appropriate to request District input, research or communication with the fire department, school authorities and other authorities concerning the maintenance of traffic patterns. Include traffic items provided by the Regional^{*} Traffic Engineer.

Edgeline markings: A one foot offset should be provided between the face of traffic barriers and the edgeline marking. This provides some lateral distance for distracted or crowded drivers to maneuver if needed.

Emergency access: During construction of roadway improvements and especially one lane maintenance projects and bridge projects, construction and flagger crews should be alert to the access needs of fire, rescue and police vehicles in the vicinity. Safety of the workers and public on the project and elsewhere is of primary importance.

Glare screens: Consideration should be given to using glare screens where practical, and when sight distances will not impact merging motorists. Glare screens reduce motorists distractions to worker activity behind the traffic barrier service and may result in a better quality product since workers would not be distracted by traffic.

Also, reducing distractions will enhance safety, improve traffic flow and decrease rubber-necking.

Grades are important to consider when establishing temporary traffic control plans. Vertical and horizontal alignment must be considered. Design alternatives for the vertical and horizontal alignment of the proposed improvements should consider the temporary traffic control plans. There may be acceptable design alternatives which would improve tie-ins to existing pavement and facilitate a significantly smoother flowing sequence of construction and temporary traffic control plans. Detours, material haul roads, temporary access locations and road connections must be vertically and horizontally evaluated. Also, insure that required construction fill will not encroach on existing travel way and maintained traffic while constructing deep cuts and high fills. When sheet piling is necessary, it requires subsurface investigation.

Grading diagram coordination is important with the temporary traffic control plans. Plan the traffic plan to facilitate implementation of the grading diagram.

Guardrail laps should be switched when traffic flow is reversed for a significant length of time.

Highway advisory radio: Interstate improvements may warrant the need for highway advisory radio broadcast, to provide advanced warning to motorists that delays should be expected unless the suggested alternate route in used.

^{*} Rev. 7/10

Impact attenuators: These are required at the introductory locations of traffic barrier service, unless the traffic barrier can be transitioned as indicated in the Virginia Work Area Protection Manual. Standards/Special Design Section^{*} will be contacted to design the Impact Attenuators.

Lane closures: When lane closures are proposed in the traffic control and sequence of construction plan, the use of electronic arrowboards and variable message signs should be addressed. This subject is normally addressed at Field Inspection by the Traffic Engineer.

Lanes, number of: While it may not always be possible to provide the same number of lanes that were available prior to initiating construction activities, the same number of lanes should be provided during peak hours. Lane restrictions may not be appropriate during certain periods and this should be noted on the plan.

Lane shifting: Lane shifting should be designed to accommodate the operating speed for the particular work zone. When these areas are on 4 lane divided facilities and the operating speed is considerably high, the proper superelevation is imperative. Also, the adequate horizontal and vertical alignment must be available to maintain driver expectancy and should not be designed for more than a 10 mph (16 km/h) speed reduction than that of the remainder of the work zone.

Lane widths: Adequate lane widths should be available. Geometric Design Standards in the front of Appendix A of the <u>Road Design Manual</u> specify lane widths. Lane widths should be a minimum of 11' and in minor work zones 10'. When determining lane widths, the percent of truck traffic should be considered.

Navigable streams: Advanced up and down stream signing should be provided for sportsmen, canoeist and fishermen when overhead construction activities are required for bridge placement over navigable streams.

Pavement design should incorporate existing pavement when practical. Pavement design should consider temporary markings, so proper courses may be specified at appropriate construction stages. Milling may excessively weaken existing road pavement strength, such as at bridge approaches and the Materials Division should be consulted for appropriate instructions.

Pavement markings for temporary use may be covered with the final pavement course. Details should provided for any special pavement marking requirements. Pavement marking eradication information is in IIM LD- 93. Temporary pavement markers should be considered to provide more positive guidance at nighttime and during inclement weather.

^{*} Rev. 7/07

Pavement surface within the construction and detour areas should be maintained in a condition that will permit the safe movement of traffic at a reasonable speed.

Peak traffic hour work: The temporary traffic control plans^{*} should direct the contractor not to perform work which would impede the flow of traffic during peak hours of traffic congestion, holidays, etc.

Pedestrian traffic must be maintained. The temporary traffic control plans should accommodate pedestrian traffic as well as automobile traffic, particularly in urban areas.

Phases: Engineering studies indicate work zone lengths should not exceed 0.5 mile in length. Research in work zones indicates an increase in accident rates when motorists are subjected to extended travel times adjacent to work zone activities. Consideration should be given to constructing the facility in phases containing 0.5 mile work zone lengths, where practical. There may be situations with minimal driver distractions and inconvenience where a work zone should be as much as two miles in length.

Railway crossings must be considered. Avoid designs where traffic signals, road intersections, road grades and etc. could trap vehicles on the tracks. This was also mentioned under sequence of construction.

Right of way or temporary construction easements may be required for construction or temporary detours: Sheet piling may be more economical in some situations.

Safety issues are always of paramount importance. They encompass more items when maintaining traffic through a construction site because safety of the workers is an additional element. The worker is often protected only by the barriers or other features of the temporary traffic control plans.

Shoulders: In relatively long work zone areas, the construction of an adequate shoulder is desirable, to provide lateral placement of stalled or disabled vehicles beyond the travel lanes.

Sight distance: Adequate vertical and horizontal sight distance must be maintained for safety reasons.

Signalization, temporary and permanent: Existing and proposed pole locations must be taken into account. Signal timing: When construction activities, such as resurfacing, require the closure of an existing lane, it may be necessary to lengthen the green time for that leg. This would help retain the capacity of the intersection.

The State Traffic Engineer is responsible for preparation of the sign, signal and lighting plans. Temporary traffic signalization may be required at some locations for construction purposes. They will require detailed plans, just as permanent signals.

Signs with variable messages: Due to terrain or inclement weather, the use of passive signing may not be enough to maintain the desired element of safety. It may be appropriate to install variable message signs to attract the driver's attention when approaching a changing traffic pattern.

State police: There may be certain roadway improvements where the worker is adjacent to motorists and there is a danger of automobile encroachment into the work area. These projects may require the participation of state police for the enforcement of posted speed limits within the work zone. See State Police Participation in IIM LD- 93. Interstate roadway improvements may warrant an increase in the number of existing safety patrols to reduce delays and provide assistance to stranded motorists within the travel lanes.

Stubs should be designed where appropriate to facilitate improved temporary traffic control plans^{*} for future road extension. Pavement stubs and "tie-in" construction should be addressed in the maintenance of traffic plan.

Tapers are needed for lane drops or at locations where traffic must be shifted laterally. Appropriate values for taper lengths can be found in Part VI of the MUTCD.

Traffic volume capacity: Attempt to maintain the traffic volume capacity of existing roads.

Turn lanes should be maintain (left and right).

Utility adjustment must be accommodated.

Wrecker service: Some work zones, mainly on limited access facilities, may require the implementation of 24 hour wrecker availability for the towing of disabled vehicles.

NOTES WHICH MAY BE APPROPRIATE ON TEMPORARY TRAFFIC CONTROL AND SEQUENCE OF CONSTRUCTION PLANS INCLUDE:

(These notes should be developed in coordination with the Regional^{*} Traffic Engineer)

Unless otherwise approved or directed by the Engineer, the contractor shall plan and prosecute the work in accordance with the following sequence of construction and temporary traffic control plans and this shall be coordinated with the bridge plans.

It is not the intent of the sequence of construction plan to enumerate every detail which must be considered in the construction of each stage, but only to show the general handling of traffic.

All areas excavated below existing pavement surface and within the clear zone, at the conclusion of each workday, shall be back filled to form an approximate 6:1 wedge, against the existing pavement surface for the safety and protection of vehicular traffic. All cost for placing, maintaining and removing the 6:1 wedge shall be included in the price bid for other items in the contract and no additional compensation will be allowed.

Traffic barrier service shall be installed and removed so as not to present any blunt end or hazard to the motoring public. The placement and removal of the traffic barrier service and barricades are to be coordinated by the Project Safety Officer.

LIMITATION OF OPERATION notes may include:

The following restrictions will apply, except in cases where the Engineer determines they are not in the best interest of the Department and/or the traveling public.

Traffic shall not be detained on route_____for longer than five minutes at any time, unless directed by the Engineer.

Closing of traffic lanes or shoulders is only permitted between 10:00 P.M. and 6:00 A.M. Monday through Friday.

No lane restrictions will be permitted from 12:00 Noon Friday until 9:00 A.M. Monday and during the following period: 6:00 A.M. Dec. 23, 2006 through 7:00 P.M. Jan. 3, 2007;

Note concerning southbound traffic may read: All travel lanes shall be open between the hours of 4:00 P.M. and 6:00 P.M. Monday through Friday. One travel lane may be closed all other times with the exception of dates listed below.

^{*} Rev. 7/10

CONSTRUCTABILITY

Constructability relates to whether the project can be constructed as designed with the information shown in the plans. Many of the necessary items to consider when determining the constructability of a project are included in the Road Design Manual's Quality Control Checklist.

There is a huge advantage in having a construction expert review the concept of a project before even preliminary plans begin. A construction expert can review the proposed project and what it is intended to achieve, the proposed location of a project, the duration for design and construction and various design alternatives. This review should involve a dialogue with the design leaders of the project.

The construction expert will look at the proposed project through the eyes of the constructor and will consider the advantages and disadvantages of the potential design alternatives. There should be a review of the site and of the surrounding areas.

Geology, topography, accessibility, utilities, existing infrastructure, businesses, residences, etc., should be examined from the contractor's perspective. Potential strategies likely to be adopted by the contractors to deal with all these site issues should be discussed with the design team to see how the design might be developed to dovetail with strategies that are beneficial to the contractors and the local population in the prosecution of the project.

The review may go several miles beyond the environs of the project to examine access for large equipment.

There are issues that can impact design decisions and should be examine early. It provides the opportunity for the designer to begin design with certain key issues in mind which can frequently be accommodated in the design without adverse cost impact to the design. It is not that constructability issues drive the design but that design accommodates constructability in its evaluation. This is much better than trying to inject constructability into the design later.

The construction expert should have a broad knowledge of construction in several fields, not just highways and bridges, together with an understanding of, and empathy with, both the designer and the constructor. Constructability is more than simply making life easier for the contractor. It is the incorporation of construction expertise into the design process so that it will meet all of the design requirements, including aesthetics, at the lowest reasonable cost of construction.

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A construction expert will have this broad expertise, together with the ability to work cooperatively and sympathetically with the design team and to respect the integrity of their design. In this way, the constructability review process becomes a team operation where the constructability resource and the design team work together cooperatively to integrate constructability into the design process.

ITEMS TO BE ADDRESSED UNDER CONSTRUCTABILITY INCLUDE:

Access to adjacent residential and commercials properties should be maintained at all times.

Contractor operations: Adequately evaluate and explain appropriate construction task and operations. This may include the order of construction activities.

Drainage issues: Drainage network errors have had the largest dollar impact and account for 25% of total errors on plans; last minute design changes to the roadway plans, which often require adjustments to the drainage plans, caused many of these errors. Check inverts of culverts and systems to insure positive drainage and outfall. Utility conflicts can significantly affect the sequence of construction. Address the need for temporary drainage for construct, detours, slope drains, etc. (IIM LD-11).

Easements and right of way must be sufficient to construct Project. Few issues can cause more construct delay than the lack of necessary easements or right of way.

Environmental issues: These are issues that can cause more construction delay or unexpected cost. Environmental Division representatives will provide guidance on these issues such as permits required for construction in live streams or concerning wetlands.

Equipment necessary such as pans, cranes, etc.: Adequate equipment clearance such as a crane swing radius is a constructability issue, for safety and functional reasons. Large equipment deserves special consideration as to how it will be transported to the job site and to provide adequate maneuvering clearance during construction. The Scheduling and Contracts Division is a source for advice.

Excavation near existing structures: One issue may be a question of providing adequate horizontal distance to maintain the integrity of existing structures. A subsurface investigation may be appropriate for some locations. The Scheduling and Contract Division is a source for advice.

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Materials supply: Consider where and how materials may be supplied to the project. Consider what form of transportation may be utilized to transport material to the job site.

Picture how each aspect of the project will be constructed from the beginning as it would look in the field rather than from plan view.

Plan information: Provide comprehensive plan information for construction of the project.

Plan views, profiles and cross sections must agree.

Precast versus cast-in-place structures should be addressed when appropriate.

Quantity summaries must be complete.

Right of way and easements must be adequate to construct project, store material and operate equipment. Signing, lighting, signalization and other issues present possible needs for additional easements or right of way.

Utility conflicts and relocations can significantly affect project construction schedules.

REFERENCES:

<u>Guidance concerning sequence of construction</u>, temporary traffic control plans^{*} and their impact on constructability are found in the following references:

Road Design Manual:

- 1E-1 Quality Control and Checklist
- 2D-24 Pavement Termination
- 2E-11 Traffic Barriers Guardrail and Concrete Barriers
- 2E-74 Safety Items and Sequence of Construction
- 2G-11 Temporary Detours

INSTRUCTIONAL AND INFORMATIONAL MEMORANDA:

- LD- 11 Erosion and Sediment Control, construction entrances
- LD- 93 Construction Zone Safety
- LD-138 Earthwork Quantities, Sheet 3 (first paragraph)
- LD-213 Pavement Markings, Construction Signs, Type III Barricades, Insertable Sheets to be included in applicable plan assemblies
- LD- 241 Work Zone Safety and Mobility

Road and Bridge Standards:

Standard GS-10, Minimum Design Criteria for Temporary Detours

Road and Bridge Specifications:

Section 104, Scope of Work and Section 107, Legal Relations and Responsibility to the Public

The Federal Highway Administration's Manual on Uniform Traffic Control Devices, MUTCD

The Virginia Supplement to the Manual on Uniform Traffic Control Devices

<u>The Virginia Work Area Protection Manual</u> replaces Part VI of the <u>Virginia Supplement to</u> the Manual on Uniform Traffic Control Devices

SEQUENCE OF CONSTRUCTION AND TEMPORARY TRAFFIC CONTROL ITEMS TO CONSIDER

A. SEQUENCE OF CONSTRUCTION

(Items to Consider) Adjoining projects Bridge construction Construction activity Drainage Environmental concerns Excavation and earthwork Example plans

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Funeral homes and Churches Intersection reconstruction Material hauls Nighttime construction Note in the plans Pavement demolition Railroad crossings Sound barrier walls Time of day, holidays or other time restrictions Utilities Walk the project; take notes, make sketches and take pictures and videos.

B. TEMPORARY TRAFFIC CONTROL*

(Items to Consider)

Access to adjacent properties Asphalt medians, temporary Barrier and attenuator service Bridge rails, existing Clear zone Construction equipment Coordinate work Detours **Edgeline markings Emergency access** Glare screens Grades Grading diagram Guardrail laps Highway advisory radio Impact attenuators Lane closures Lanes, number Lane shifting Lane widths Navigable streams Pavement design Pavement markings Pavement surface

TEMPORARY TRAFFIC CONTROL*

(Items to Consider) -continued-

Peak traffic hour work Pedestrian traffic Phases **Railroad crossings** Right of way and easements Safety issues Shoulders Sight distance Signalization Signs with variable messages State police Stubs Tapers Temporary grade separation Traffic volume capacity **Turn lanes** Utility adjustment Wrecker service

C. CONSTRUCTABILITY

(Items to Consider)

Contractor operations Drainage Easements and right of way Environmental Equipment Excavation Materials Picture each aspect Plan Plan/profiles/cross sections agree Precast versus cast-in-place Quantity summaries Signing, lighting, signalization Utility conflicts