

AASHTO APPROVED INTERSTATE BICYCLE ROUTES

VDOT provides signing along the designated AASHTO approved Interstate Bicycle Routes. Figure A-5-10 shows the corridors for [Interstate Bicycle Routes 1 and 76](#) and the counties the routes pass through. The individual county maps provide detailed location information. County maps are to be checked by the plan designer to determine if their project is on a designated Interstate Bicycle Route. All proposed projects involving major construction or redevelopment along designated Interstate Bicycle Routes are to provide the necessary design features to facilitate bicycle travel in accordance with the parameters established in these guidelines.

RESOURCES

It should be understood that this Guide is not all inclusive. The publications listed below will provide additional information to be used in the design of bicycle facilities.

“Guide for the Development of Bicycle Facilities.” [AASHTO](#)

“Manual on Uniform Traffic Control Devices.” [Federal Highway Administration](#)

“Selecting Roadway Design Treatments to Accommodate Bicycles.” [Federal Highway Administration](#)

“A Virginia Guide for Bicycle Facility Planning.” [Virginia Department of Transportation](#)

TRAILS AND TRAILHEADS

Trails*

Trails are defined in [October 19, 2009 Draft Final Accessibility Guidelines for Outdoor Developed Areas](#) F106.5 as a pedestrian route developed primarily for outdoor recreational purposes. A pedestrian route developed primarily to connect elements, spaces, or facilities within a site is not a trail.

This term “Trail” means an unimproved or sometimes improved recreational facility intended for recreational use such as hiking, mountain biking or equestrians. Care should be taken not to use Share-use path and Trail interchangeably because they have distinctly different design guidelines. However, when any portion of a Trail can be constructed using Share-use path design criteria it should be and an over-look or passing area 5 feet by 5 feet shall be constructed to allow users to experience the Trail without blocking the Trail for other users.

For guidance on the design of Outdoor Recreation Access Routes, see Section 1017 of the [Draft Final Accessibility Guidelines for Outdoor Developed Areas](#), dated October 19, 2009, which can be accessed at <http://www.access-board.gov/outdoor/draft-final.htm> and the [DCR Greenways and Trails Toolbox](#), which can be accessed at http://www.dcr.virginia.gov/recreational_planning/greentrailtools.shtml

* Rev. 1/13